EPITHELIAL AND BONE TISSUE MAST CELL POPULATIONS IN THE FEMALE RAT AS INFLUENCED BY CALCIUM AND VITAMIN D DEFICIENCIES, OVARIECTOMY, AND ESTROGEN

BY

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by

Rogene Tesar

to my mother
who would have thoroughly enjoyed
observing this entire experience

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Ву

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Effects of dietary deficiencies on mast cell populations in the bone marrow and vaginal epithelial tissue of rats were investigated. Additionally, effects of exogenous estrogen, bilateral ovariectomy, and a combination of the two treatments on mast cell populations were observed in these two tissues in rats on normal and deficient diets.

Two-month old, female Sprague-Dawley rats were fed calcalcium— and vitamin D-deficient diets for five weeks. One group of rats was given estradiol by injection (100  $\mu$ g/.1 ml) three times a week for the duration of the experiment, another group was ovariectomized, a third group received both treatments, while a fourth, untreated group served as a control group.

Dietary-induced osteopenia was evidenced by densitometric measurements and bone ash of the rat femur. Significant decreases in bone mineral content (P<.005) due to diet were observed. Bone ash values were also significantly low due to diet (P<.0005).

Femur length, measured by photonabsorptiometry, was found to be decreased due to (a) dietary deficiencies of calcium and vitamin D (P<.005); (b) estrogen administration (P<.005); and (c) ovariectomy (P<.005).

Contrary to expectations, bone marrow mast cell populations were not altered by dietary deficiencies in untreated rats. This result may be due to the age of the rat when begun on the deficient diet (two months old) and to the duration of the imposed diet deficiencies (five weeks). Dietary deficiencies reduced marrow mast cell counts in estrogen treated rats, however (P < .05). Ovariectomy induced a reduction of mast cells in the bone marrow of calcium— and vitamin D—deficient rats (P < .01), which suggests that bone is an estrogen sensitive tissue even though estrogen receptors are not present in bone.

Vaginal tissue mast cells were not significantly altered in number by dietary deficiencies except when rats were estrogen treated (P < .05). The most significant finding was that of mast cell population increases in vaginal tissue as a result of ovariectomy (P < .01) in all dietary groups.

The removal of endogenous estrogen by ovariectomy in the female rat was found to affect both bone marrow and vaginal tissue mast cell populations. The relevance of this finding remains to be determined.

#### CHAPTER I INTRODUCTION

Rapid bone loss with resultant osteoporosis affects 25 to 30% of all postmenopausal women (Urist, 1971) and about 75% of women who have undergone a bilateral ovariectomy. The significance of this condition is associated not only with pathological fractures and potential invalidism but also with the premature death of these women. The early diagnosis of this condition and measurement of treatment response present two problem areas in clinical management. To date there is no universally applicable, noninvasive method for detecting the early stages of rapid bone loss in humans.

Research has shown that mast cells, found in increased numbers in the bone marrow of osteoporotic and calcium-deficient subjects, accompany local loss of bone mass. The present study seeks to determine whether vaginal epithelial mast cell populations, as well as bone marrow populations are affected by dietary deficiencies of calcium and vitamin D, exogenous estrogen, and ovariectomy in the female rat. Should such alterations be found in the female rat, similar changes in populations might be expected in the osteoporotic human female. Tissue biopsy of vaginal epithelium to determine mast cell populations could provide a relatively noninvasive method for detecting osteomalacia and conditions

involving increased bone resorption such as osteoporosis. The procedure might also be used to assess treatment efficacy.

Therefore, two hypotheses were tested in this investigation:

- (a) Dietary calcium- and vitamin D-deficiencies produce changes in mast cell populations in female rat bone marrow and vaginal epithelium.
- (b) Exogenous estrogen, bilateral ovariectomy, or a combination of the two treatments alters mast cell populations in bone marrow and vaginal tissue of calcium- and vitamin D-deficient female rats.

Other parameters considered and investigated in this study were:

- (a) weight changes of the laboratory animals during the experimental period
- (b) serum calcium concentration
- (c) bone mineral content, density, and length
- (d) torsion and deformation of the rat femurs
- (e) ash content of the femurs.

# CHAPTER II REVIEW OF THE LITERATURE

Addressed in the literature review are a description of the mast cell and the activity of two constituents, histamine and heparin. Research involving the mast cell in bone marrow of the rat and human is reviewed. Effects of dietary deficiencies, specifically those of calcium and vitamin D, on the rat mast cell in bone tissue are examined. Also cited are the few studies concerning mast cells in vaginal tissue and those relating to the effects of gonadal hormones on skeletal and vaginal tissues.

## Description of the Mast Cell

Naming the specialized histiocytes as mast cells has been credited to Paul Ehrlich when he suggested, in 1877, that the cells arose from connective tissue cells which had been well-fed, or 'masted' (Wilhelm et al., 1978). The German masten (to feed) or mastzellen (mast cells), from which the name originated, appropriately describes their usually full appearance. This is due to a high content of cytoplasmic granules.

Pathak and Goyal (1973) state that two separate types of mast cells occur (1) large spindle shaped, fusiform or cylindrical cells with or without elongated processes and (2) small, round, or elliptical cells. Riley (1959) also

described differences in rat mast cells and distinguished between two types based on granule maturation. Differences also exist when mast cells are examined with electron microscopy (Combs et al., 1965).

Rat peritoneal fluid, the most common source of mast cells for laboratory investigation, exhibits round mast cells, 13.5 to 17  $\mu m$  in diameter, each with a round or oval nucleus. Cytoplasmic granules are approximately .7  $\mu m$  in diameter (Yong et al., 1975).

In an extensive quantitative analysis of rat mast cell structure, Helander and Bloom (1974) report an average mast cell diameter as 11  $\mu\text{m}$ , granule diameter as .78  $\mu\text{m}$ , with the nucleus occupying 10.7% of the cell. The size, shape, staining properties, and distribution of mast cells vary with the tissue and species of animal studied (Wilhelm et al., 1978). Rat tissues abound in mast cells, whereas tissues of the rabbit contain related basophils often referred to as blood mast cells. Tissues in man and the guinea pig exhibit both mast cells and basophils.

A well-known characteristic of both mast cell and basophil leukocyte granules is an exhibition of metachromasia upon treatment with certain basic dyes such as toluidine blue, methylene blue, alcian blue, and azure A. These stains are used to identify and demonstrate the mast cells in tissues. Since many differences in mast cell reactivity towards these dyes occur within and between species, an extensive investigative interaction among histological studies, identification of cell constituents, and physiological

functions of the mast cells exists. The constituents of the mast cell granules, specifically the acidic mucopolysaccharides, are responsible for the various staining properties of the cells. However, partly because of the chemical diversity of the granular contents, mast cell functions in health or disease remain an enigma.

In 1937, the metachromatic component of the mast cell was reported to be heparin (Jorpes et al., 1937); and since then, the mast cell in hepatic tissue has been considered as the only endogenous source of heparin production (Riley, 1962). A protein matrix is thought to bind anionic heparin in the mast cell granule, possibly by sulfate groups. Heparin, in turn, binds histamine and other basic nitrogen-containing compounds such as serotonin (Schubert, 1968). Histamine levels in tissues correlate with the mast cell count and a very large proportion of rat histamine formation takes place in the bone marrow.

The close histological relationship of mast cells and blood and lymph vessels is well-known. Small vessels are the prime target of histamine-mediated inflammatory reactions. Histamine is known to cause contraction of part of smooth muscle (mainly the bronchioles), dilate blood capillaries, and increase their permeability (Rahima and Soderwall, 1977).

In-vitro laboratory studies of the mast cells (in certain tissues and species) demonstrate that histamine is released by liberators such as stilbamidine, 48/80, or protamine sulfate by displacing the heparin-bound histamine (Schubert, 1968).

Sudden degranulation of mast cells may cause adverse reactions since large amounts of histamine are released into the extracellular space. This release usually occurs in response to a type I antigen-antibody reaction on the surface of mast cells that have been previously sensitized by cell-bound Ig E antibody (Coombs and Gell, 1975). Allergic rhinitis, allergic asthma, urticaria, angioedema, and mastocytosis constitute some manifestations of extensive degranulation. An editorial by Kaliner (1979) details this aspect of the mast cell's varied activities.

#### Mast Cells in Bone Marrow

In addition to its role in immediate hypersensitivity reactions, histamine has been reported to affect bone remodeling and maturation (Norton et al., 1969). Systemic mastocytosis in urticaria pigmentosa has been accompanied by marked bone remodeling, bone hypertrophy (Sagher et al., 1956), and osteosclerosis (Kruse et al., 1973).

In this same regard, the acid glycosaminoglycan, heparin, in addition to its anticoagulant property, has been considered as a bone resorbing and osteoporosis producing agent. This is especially true with the use of high doses of the anticoagulant for long periods of time (Goldhaber, 1965; Griffith et al., 1965; Jaffe and Willis, 1965; Wise and Hall, 1980). Heparin has been reported to stimulate bone collagenase activity in the rat (Asher and Nichols, 1965) and to potentiate the action of parathyroid hormone (Goldhaber, 1965), suggesting inducement of osteoporosis. A review of the relationship

between mast cells, heparin, and osteoporosis has been provided by Hegsted (1969).

Many reports of heparin use with resulting skeletal problems involved the use of heparin for control of blood coagulation. It has been documented that heparin extracted and purified from tissues rich in mast cells and reinjected by the physician behaves differently from endogenous heparin (Jaques et al., 1977). Only in the dog has the hepatic release of heparin been shown to have a rapid anticoagulant effect in the circulation. Several species have no heparin in the mast cell; its metachromasia is attributed to other sulfated mucopolysaccharides.

Osteoporosis has been viewed by some as a sequel to diminished blood flow through the marrow (Burkhardt, 1973). Contracted arterioles in mastocellular lesions of the bone marrow in human osteoporotics provide evidence for this concept (te Velde et al., 1978).

Increased numbers of bone marrow mast cells have been reported in osteoporosis (Frame and Nixon, 1968; Kruse et al., 1973; Peart and Ellis, 1975). Two theories have been have been expressed (1) mast cells induce porosis (Frame and Nixon, 1968) and (2) mast cells oppose the porosis (Kruse et al., 1973).

Increased mast cell numbers have been associated with bone resorption in regenerating parts of the marrow. Gillman (1958) noted increased mast cells in long bone marrow of rats fed sweet pea seeds containing a lathyrogenic agent. He

distinguished between newly formed and old femoral shafts, with the increased number found in the marrow of the newly formed shaft. Severson (1969) showed that mast cells secrete a factor necessary for hydrolytic enzyme release in regions of increased resorption and remodeling. Walker (1970) reported an eight-fold increase of mast numbers in regenerating rat femoral marrow after mechanical disruption when compared to the unoperated contralateral femur. Hypophysectomy resulted in an even greater increase and longer effect.

Extensive studies in bone repair (Lindholm et al., 1967, 1969) demonstrated active involvement by mast cells, increased mast cell numbers in callus formation, and mast cell provision of alkaline phosphatase, phosphorylase, and other enzymes essential for endochondral ossification.

Human alveolar bone resorption in chronic periodontal disease is associated with increased mast cell counts in gingival tissue (Shapiro et al., 1969; Riley, 1959; Sognnaes, 1965). Other investigators (Carranza and Cabrini, 1955; Calonius, 1960; Dummet et al., 1961) failed to confirm this finding.

In hyperparathyroidism, both the resorption and the formation of bone are stimulated, but greater increases in bone resorption occur (Bonucci et al., 1978). Mast cells have been reported in fibrotic marrow spaces in human hyperparathyroid patients. Other researchers (Rockoff and Armstrong, 1970) found that low doses of parathyroid hormone chronically administered to rats produced mast cell hyperplasia in the

tibial metaphyseal marrow, without alterations of serum calcium or phosphorous.

Secondary hyperparathyroidism is known to result from lowered serum calcium levels and is thought to be a mechanism whereby low dietary calcium intakes promote mast cell increases in bone.

### Effects of Diet

As early as 1922, increase of tissue basophils in the immediate vicinity of the bone trabeculae and marked resorption of bone in rats on calcium deficient diets were reported (Shipley and Park, 1922). Urist and McLean (1957) identified those basophils as mast cells. They also maintained rats on low calcium, low vitamin D, and high phosphorus diets which produced rickets, osteoporosis, and osteitis fibrosa as well as increased endosteal mast cells. Cass et al. (1958) confirmed the results of increased bone mast cells in rats fed calcium-deficient diets and found an increase in bone marrow content of histamine and 5-hydroxytryptamine, another mast cell mucopolysaccharide. Rockoff and Armstrong (1970) also administered a calcium-deficient but vitamin D-adequate diet to a group of rats, with bone marrow mast cell hyperplasia resulting in all test animals. In providing hypocalcemiainducing vitamin D-deficient and calcium- and vitamin Ddeficient diets to rats, Rasmussen (1972) observed significant increases in tibial metaphyseal bone marrow mast cells. Parathyroidectomy caused a significant reduction in mast cells, again suggesting secondary hyperparathyroidism as a

mechanism for increased mast cell populations in bone. Other rats given low calcium and high phosphorus diets with and without vitamin D exhibited hypocalcemia, rachitic bone changes, increased bone resorption and increased mast cells in metaphyseal areas of long bone but not in the epiphyses or caudal vertebrae (Feik and Storey, 1979); however, it was not possible to relate the mast cell increases to specific areas of bone formation or resorption, as had been planned.

In dietary calcium— and vitamin D-deficient rats with induced fracture callus, mast cell counts in the callus approximated 200 to 300 cells per mm<sup>2</sup> which rose to 1,900 cell per mm<sup>2</sup> until 35 days after fracture. These mast cells were mostly degranulated. Normal rats exhibited strongly granulated mast cells, 2,000 to 4,000 mm<sup>2</sup> for the first two-month period with remarkably decreased levels thereafter. Mast cell numbers were correlated with mineralization after fracture (Lindholm et al., 1972).

Accumulations of mast cells in healing sockets or extracted mandibular first molars were found in rats fed calcium-deficient diets, with control rats exhibiting only an occasional mast cell (Smith, 1974). Besides the fact that mast cell numbers were examined in different bones in the two studies, the contradictory findings were not explained.

Other dietary deficiencies have also affected mast cell populations in bone marrow. Bélanger (1978) found a significant increase of bone marrow mast cells in rats on zinc

deficient diets, and also on magnesium-deficient diets (1977). Concurrent decreases in skin mast cell numbers of the magnesium-deficient rats agree with the findings of Bois (1962).

#### Mast Cells in Vaginal Tissue and Influences of Gonadal Hormones

Vaginal tissue mast cell population studies in the rat are essentially nonexistent. Salvi (1952) found mast cells more abundant and with greater metachromatic properties in the mouse vagina than in the uterus. After daily estrogen administration, adult mouse vaginal tissue revealed a considerable increase in the number of mast cells (Arvy, 1955). Westin and Odeblad (1956) also investigated the influence of ovarian hormones on mast cells in the mouse vagina. Darker metachromasia in the vagina than in the uterus and difficulty in detecting granules were experienced. The control group had the highest number of vaginal tissue mast cells and also the highest variation in number per field examined. The estrogen treated groups had a significantly reduced number; intermediate numbers were observed when estrogen plus progesterone was administered. Mast cells of the skin remained constant. The estrogen effect on the mast cells was considered a local process within the reproductive organs. Zwillenberg (1958) noted a variable occurrence of mast cells in the vaginal epithelium of human subjects.

Discrepancies in results among studies may be due, in part, to differences in estrogen dosage. Iversen (1962)

notes that, while small doses of estradiol decreased the number of uterine mast cells in the guinea pig, prolonged treatment with large doses had an opposite effect.

Although there are mast cell studies which investigated the effect of gonadal hormones in various tissue (Constantinides and Rutherdale, 1954; Asboe-Hansen, 1956; Johansson and Westin, 1958; Smith and Lewis, 1958; Schiff and Burn, 1961; Kameswaren et al., 1978), few reported on bone tissue. Bélanger (1977), in his study with magnesium deprived rats, administered large doses of testosterone to males and estradiol to females. This treatment depressed the mast cell population increase in the bone marrow and moderated skin mast cell loss.

Similarly, there is no reference in the literature concerning the effect of ovariectomy on mast cells in bone or vaginal tissue. The mice in the study of Westin and Odeblad (1956) were all spayed so that effect of ovariectomy could not be compared to control groups. Two studies reported that ovariectomy has no effect on uterine mast cells in guinea pigs or hamsters (Iversen, 1962; Harvey, 1964).

Because of the differences in mast cell populations, structure, function and activity in various species (and in tissues within the same species), information cannot be extrapolated from one species to another. Because of the various mast cell constituents and their resulting diverse functions and actions in tissues, inconsistencies in results will continue to be reported. However, in the recent past,

much new information on the mast cell has been brought forth. The particular role of the mast cell in the pathogenesis of the osteoporoses and other demineralizing bone diseases remains in need of further investigation.

# CHAPTER III MATERIALS AND METHODS

#### Animals and Treatments

To monitor the care, treatment, and use of laboratory animals at the University of Florida, the All University Committee on the Care and Use of Laboratory Animals requires specific information pertaining to research involving laboratory animals. The application requesting use of laboratory animals for this particular research project as submitted to the Committee and its approval are found in Appendix B.

One hundred thirty-six female Sprague Dawley rats, <sup>1</sup>
9 weeks of age and weighing approximately 180 g at the start, were used for the research.

The Health Center Animal Resources Department, University of Florida, provided housing for the animals. The rats were kept in galvanized wire cages, two to a cage, in a room maintained constantly at 24°C and 60% humidity. The rats were weighed at least once a week for the 4 to 5 week experimental period. Appendix C contains data on the animal weights.

The animals were divided into the following dietary groups:

Outbred laboratory Sprague-Dawley rats were obtained from Harlan Sprague-Dawley, Madison, WI 53711.

- I. Normal (control) rats (semipurified complete diet)
- II. Calcium-deficient (-Ca) rats (calcium-deficient diet)
- III. Vitamin D-deficient (-D) rats (rachitogenic diet; calcium to phosphorus ratio of 4.2:1)
  - IV. Calcium- and vitamin D-deficient (-Ca, -D) rats
     (custom formulated calcium- and vitamin D-deficient
     diet).

Appendix D contains information on dietary formulations.

Each dietary group consisted of 32 rats, except for group II, in which there were 40. The diets (pelleted) and distilled water were offered ad libitum. Group III rats were borderline vitamin D-deficient at the beginning of the experimental period. One rat in group IV was rejected because of a malfunctioning eye.

Upon receipt of the animals and prior to further treatment, each rat was tested by vaginal smear daily for an 8 day period to determine presence of estrous cycling. Each rat presented with at least once cycle, demonstrating reproductive capability and ascertaining endogenous circulating estrogen.

Half the rats in each group were bilaterally ovariectomized. Sham ovariectomies were performed on the remaining rats in each group. The combination of ketamine and xylazine (Van Pelt, 1977), at a concentration of 87 mg ketamine and 13 mg xylazine per kg body weight of rat, was used to induce surgical anesthesia. One rat in group II died as a result of the surgery.

One-half of the ovariectomized and one-half of the sham-operated rats in each group were injected three times per week under the dorsal skin with .1 ml of a solution of estradiol valerate (100  $\mu$ g/.1 ml) in sesame oil (12 injections per rat total). Concurrently, the remaining rats in each group were injected with .1 ml of sesame oil as a control measure.

After the five to six week experimental period, all animals were killed by decapitation.

Table III.1 summarizes the research design described.

TABLE III.1 STUDY DESIGN

	Diet Group			
	$\frac{\text{Normal}}{(N)}$	<u>-Ca</u> (N)	<u>-D</u> (N)	-Ca, -D (N)
Treatment				
Ovariectomized + Estrogen	8	12	8	8
Ovariectomized	8	12	8	8
Estrogen	8	8	8	8
Normal (no treatment)	8	8	8	8

# Analytical Methods

Blood was obtained at the time of decapitation by exsanguination. Total calcium in serum was determined by atomic absorption spectrophotometry (AAS). The procedure followed was that of Fick et al. (1979). Data on serum calcium values are found in Appendix E.

Immediately after the animals were killed, uterine and vaginal tissues were removed, hind extremities were disarticulated at the acetabulum, and femurs were dissected free. The femurs were cleaned of adherent tissues. The uterine and vaginal tissues and femurs were fixed for 24 hours in 10% aqueous formalin.

Bone densitometric measurements 1 using direct photon absorptiometry were made on one femur from each animal. Values of bone mineral content in grams per centimeter length of bone, linear bone density in grams per square centimeter, and bone length in centimeters were obtained. Appendix F contains information on these paremeters.

The same femurs were subjected to torque and deformation testing<sup>2</sup> to determine the effect of treatment modality on these biomechanical properties. The procedure followed was that of Puhl et al. (1972). Explanation of this testing procedure is found in Appendix G.

Ashing of these same femurs was done as described by Fick et al. (1979). Appendix H contains data on ash analysis.

<sup>&</sup>lt;sup>1</sup>Norland Digital Bone Densitometer, Model 278, Norland Corporation, Ft. Atkinson, WI 53538.

<sup>&</sup>lt;sup>2</sup>Rapid Load Torsional Testing Machine, Biomechanics Laboratory, Department of Mechanical Engineering, University of Florida, Gainesville, FL 32611.

#### Histology

The alternate femurs of all animals were demineralized in a 10% solution of di-sodium-ethylene-diamine-tetracetic acid (EDTA) for a 7 to 14 day period. The solution was kept at 5°F with changes of solution every 2 to 3 days (Bélanger et al., 1965).

The demineralized femurs and vaginal tissues were dehydrated in 80% acetone for one-half hour and in 100% acetone for another half-hour. Clearing was accomplished with two changes of xylene (15 and 45 minutes); subsequently the tissues were embedded in paraffin. Medial sagittal sections of bone and cross sections of vaginal tissue were cut at 8  $\mu m$  in a microtome-cryostat, floated on water, slipped onto slides prepared with Haupt's solution, and air-dried.

Toluidine blue stain was chosen for mast cell quantitation purposes (Pathak and Goyal, 1973). With this stain, mast cells appear purple or reddish-purple against a general blue background. The slides were subjected to the following staining procedure:

- (1) 2 changes of xylene (4 minutes each)
- (2) acetone (several dips)
- (3) water rinse
- (4) .2% toluidine blue
- (5) water rinse
- (6) acetone (several dips)
- (7) 2 changes of xylene (4 minutes each)

Alternate slides were stained with .1% alcian blue in 3% acetic acid for thirty minutes followed by a water rinse and .1% safranin in 1% acetic acid for five minutes in place of step #4 (Spicer, 1960). Using this staining procedure, the maturity of mast cells can be determined. Analysis of these slides is planned for a future time.

After air-drying, cover slips were applied to the slides with mounting medium.

Mast cells were counted in vaginal tissue and in the distal part of the femoral metaphysis and in the bone marrow of the diaphysis. Care was taken to avoid bone trabeculae and sinuses. Counts were made over five fields in each of five sections (25 fields per rat) for each type tissue at a magnification of X400. Each field measured .458 mm in diameter, representing a surface area of .165 mm<sup>2</sup> and a total surface area of 4.1 mm<sup>2</sup> for each tissue per rat. Counts were adjusted to 1 mm<sup>2</sup> surface area. Appendix I contains mast cell quantitation data.

#### Data Analysis

The statistical evaluations for tests of significance were carried out on the parameters using analysis of variance and applying the t test (Steel and Torrie, 1960). The tables list mean values and standard error of the mean (SE =  $s\sqrt{n}$ ), and indicate level of significance.

Labophot-Laboratory & Clinical Microscope, Nikon Instrument Division, 623 Stewart Ave, Garden City, NY 11530.

Effects of diet were determined statistically by comparing the means in each deficient diet group with means in the normal diet group for each treatment.

Effects of treatment were determined statistically by comparing means for each treatment with the mean of the untreated rats within each diet group.

# CHAPTER IV RESULTS AND DISCUSSION

The experimental animals used in this investigation were at least three months old at termination of the experiment and regarded as young adults. Reproductive capability was determined prior to treatments by vaginal cell sampling. One-half the population underwent ovariectomy, thereby removing the source of estrogen production.

The diet used for the vitamin D-deficient group of rats was also notably deficient in phosphorus, with a calcium to phosphorus ratio of 4.2 to 1. Calcium to phosphorus ratios of all the diets are given in Appendix D.

As a matter of information, the calcium content of the complete diet (normal diet group) was 11.5 g/kg and the phosphorus content was 10.1 g/kg. The calcium-deficient diet contained 1.6 g/kg calcium and 26.6 g/kg phosphorus. The rachitogenic vitamin D-deficient diet noted as being low in phosphorus contained 12.4 g/kg calcium and 2.9 g/kg phosphorus. The calcium- and vitamin D-deficient diet contained 1.6 g/kg calcium and 26.6 g/kg phosphorus (identical to the calcium-deficient diet but with omission of vitamin D<sub>3</sub>).

In addition, the protein in the vitamin D-deficient diet provided by whole yellow maize and as gluten, was of poor quality, lacking in essential amino acids. Therefore,

when evaluating effects of this diet, the deficiency in protein and phosphorus must also be considered. Effects of diet were not due solely to lack of vitamin D.

#### Body Weights

Body weight changes were observed in the rats. In Table IV.1 is recorded the average weight gain for each cell. The % weight gain is listed below the mean. The untreated rats fed a normal diet, and used as a control group, increased their body weight by 34% during the experiment. Lower weight gains were observed as due to calcium deficiency (P < .05). The vitamin D-deficient group also had lower weight gains as an effect of diet (P< .01).

Administration of estrogen to both intact and ovariectomized rats decreased body weight gains in the normal, calcium-deficient, and the calcium- and vitamin D-deficient groups (P<.05 to .005). Similar effects occured with rats on a normal diet (Cruess and Hong, 1979).

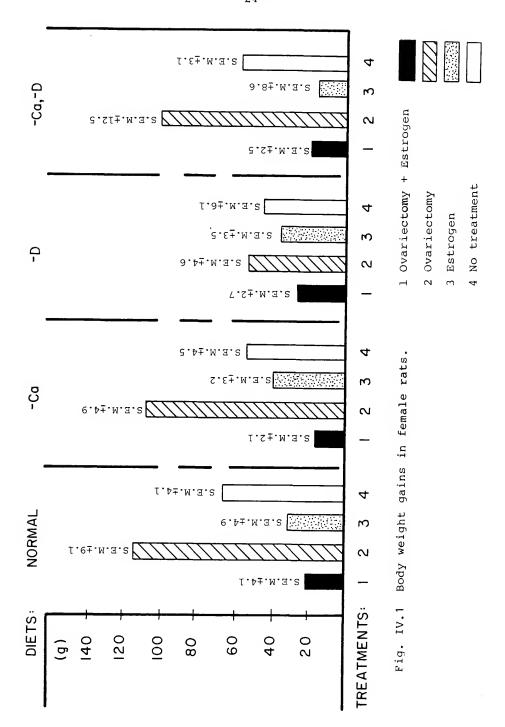
Ovariectomy increased the weight gains in the same three dietary groups ( $P \le 0.05$ ) (Fig. IV.1).

This supports the findings of Cruess and Hong (1979) and Lindgren and Lindholm (1979) in that removal of ovaries subjected rats to high increases in body weight. This effect has been associated with a higher food intake (Aitken et al., 1972). However, significant decreases in body weight of young castrated male rats have been observed (Scow, 1952; Gumbreck, 1957; Saville, 1969; Wink and Felts, 1980).

TABLE IV.1 BODY WEIGHT GAIN AS AFFECTED BY DIET AND TREATMENT

Treatment	LemyON	(N)	-	Diet			
	INOTHIAT	(N)	r a	(N)	-D	N N	-Ca,-D
Ovariectomy + Estrogen	$20.9\pm4.1^{\circ}$ $11.3$	88	17.3±2.1° 9.58	12	26.1±2.7 <sup>b</sup> 17.3%	ω	19.1 <u>+</u> 2.5 <sup>c</sup> 9.8%
Ovariectomy	115.4 $\pm$ 9.1 $^{\circ}$ 60.4 $^{\circ}$ 8	۲	$108.3\pm4.9^{\circ}$ $59.28$	80	$53.3\pm4.6f$ $30.8%$	ω	101.8±12.5° 51.8%
Estrogen	$30.4\pm4.9c$ $16.28$	7	$39.2\pm3.2a$ $21.08$	7	35.6±3.5 23.5%	80	15.9±8.6° 7.9%
No treatment	66.1 <u>+</u> 4.1 34.18	œ	53.4 <u>±</u> 4.5 <i>d</i> 29.38	æ	44.3±6.1 <sup>e</sup> 27.5%	80	57.1±3.1 27.78

Results are given as the mean  $\pm$  SE. Means are expressed in grams and \$ gain. Significance of difference between treated and untreated groups:  $^{a}P < .05$ ,  $^{b}P < .01$ ,  $^{a}P < .005$  Significance of difference between deficient diet and normal diet:  $^{d}P < .05$ ,  $^{e}P < .01$ ,  $^{f}P < .005$ 



Results indicate a gain of weight in all cells of the study. A calcium-deficient diet and a combination protein, phosphorus, and vitamin D-deficient diet caused rats to gain less weight.

Estrogen inhibited the rate of weight gain, which is an effect not well understood. This effect was seen with both intact and ovariectomized rats. Ovariectomy clearly increased weight gain and estrogen administration reduced that gain to below the normal gain. The same pattern of this hormonal effect was observed in the deficient diet groups.

#### Serum Calcium

Table IV.2 outlines the changes in serum calcium observed in rats on four diet regimes and four treatments. Untreated rats on a normal diet had a mean serum calcium of 9.63 mg/100 ml. Rats on deficient diets which had been given estrogen had significantly lower serum calcium (P<.01 to .0005) than normally fed rats given estrogen. Rockoff and Armstrong (1970) and Feik and Storey (1979) also observed significant decreases in serum calcium with untreated, calcium— and vitamin D-deficient rats (P<.1 to .01).

Estrogen increased the serum calcium in the intact and ovariectomized, normally fed rats (P<.01 to .001) on the present study. Cruess and Hong (1979) found no consistent change in serum calcium concentration when estrogen was administered to intact, normally fed female rats over a 12 month period, but observed significant increases at one and six months (P<.05).

TABLE IV.2 EFFECT OF DIET AND TREATMENT ON SERUM CALCIUM

Parameter and				Diet				
Treatment	Normal	(N)	(N) -Ca	(N)	-D	(N)	(N) -D (N) -Ca, -D (N)	Z
Ovariectomy + Estrogen	12.55±.30° 8	∞	8.87±.19e 12 8.94±.32e	12	8.94±.32e	œ	8.05±.34°,e 8	80
	•							
Ovariectomy	11.43±.64 <sup>b</sup> 6	9	$10.24\pm.13a$ , $d$ 12 $9.50\pm.65d$	12	$9.50\pm.65d$	8	8.45±.39°, 8	œ
7 7 7 7 7 7 8	010 - 01	1		i	(			
nafotace.	~ C7.±0/.11	_	9.39+.17	7	9.05±.30	æ	5.45±.68 <sup>e</sup>	8
No treatment	9.63±.47	8	9.09±.13	æ	9.38±.33	8	4.34±.68 <sup>e</sup>	7

Results are given as the mean  $\pm$  SE. Significance of difference between treated and untreated groups:  $^aP<.05$ ,  $^bP<.01$ ,  $^aP<0.05$  Significance of difference between deficient diet and normal diet:  $^aP<.01$ ,  $^aP<.0005$ 

Ovariectomy significantly increased serum calcium in all dietary groups (P<.05 to .001) except in the vitamin D-deficient group. Lindgren and Lindholm (1979) did not observe an increase in serum calcium in normally fed, ovariectomized rats. Others (Cruess and Hong, 1979) found ovariectomy to significantly decrease the serum calcium (P<.05).

Results indicate that calcium— and vitamin D-deficient diets including deficiencies in phosphorus and protein may not have an effect on calcium concentration in the blood. The rat may compensate for lack of dietary nutrients by bone resorption of calcium and phosphorus to maintain normal blood calcium levels. Evidence for bone resorption was found in lower bone mineral content and lower ash values in rats deficient in calcium and vitamin D in the present study (Tables IV.3 and IV.5).

Estrogen increased serum calcium in normally fed intact and ovariectomized rats. However, because of conflicting findings in the several studies mentioned, no firm conclusions can be made on the effect of estrogen on serum calcium in normal rats.

Ovariectomy effects on serum calcium have also been noted to vary among studies so that no conclusions can be made. Unknown factors may be influencing these two treatments, which causes findings to be inconsistent.

#### Bone Densitometry

Femur lengths. Statistically significant differences in femur lengths due to diet and to treatments were observed. Values are found in Table IV.3.

The bone lengths of the normally fed rats were significantly longer than those of calcium-deficient and calcium-and vitamin D-deficient rats in all treatment groups (P<.05 to .005).

Estrogen administered to intact and ovariectomized rats reduced bone length in the normally fed group and the calcium— and vitamin D-deficient group (P<.05 to .005).

Ovariectomy increased femur lengths in the normally fed group (P<.05). Lindgren and Lindholm (1979) found femur length unaffected by oophorectomy. The sensitive photon-absorption method (Norland, 1980) used in the present study may have been responsible for detecting length differences.

Deficient diets used in this study clearly bring about a decrease in femur length in female rats during the growth period.

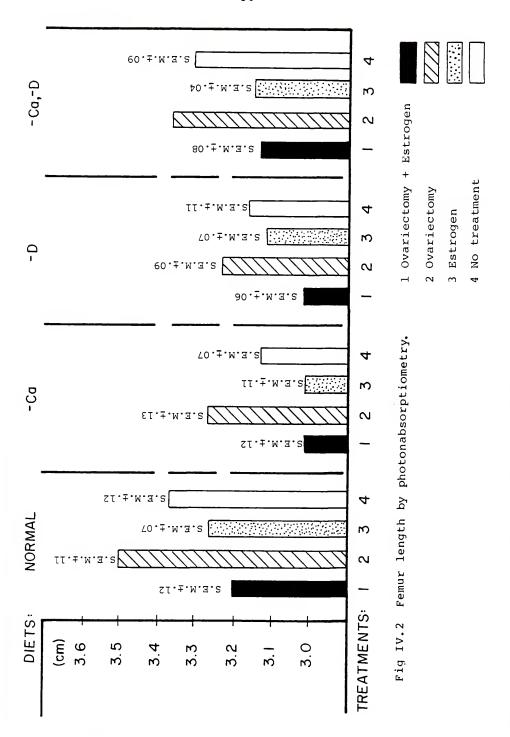
Estrogen tends to cause a shorter bone length, especially in normally fed rats and rats both calcium— and vitamin D-deficient. It is thought that estrogen causes the epiphyses to close prematurely which results in a shorter bone. Use of estrogen in young human females has this effect.

Confirming evidence of the preceding is observed in Fig. IV.2. Ovariectomy, or absence of estrogen, caused bone

TABLE IV.3
EFFECT OF DIET AND TREATMENT ON
DENSITOMETRIC MEASUREMENT OF RAT FEMURS

Parameter and				Diet				
Treatment	Normal	(N)	-Ca	(N)	-D	(N)	-CaD	(N
Bone Length (cm)								
Ovariectomy +	$3.21\pm.12a$	80	$3.09+.12^d$	1	3.10+.06d	7	3 13+ 080	¥
Estrogen	1		1	•	•	-	00.1	þ
Ovariectomy	$3.50\pm.11a$	9	$3.27+.13^{f}$	10	3.23+.09f	7	3.36	-
Estrogen	$3.26\pm.07^{b}$	7	$3.09 \pm .11 f$	9	3.11+.07f	· œ	3 15+ 046,	f.
No treatment	3.37±.12	7	$3.13\pm.07e$	7	$3.16\pm.11f$	ο <b>α</b>	3.30±.09 5	, O
Bone Mineral Content (q/cm)	ent (q/cm)							
Ovariectomy +	$0.108\pm002b$	80	.104±.001d	=	.096+.0010sf	f 8	.092+.002 C.f.	fB
Estrogen			,		1	,	1	)
Ovariectomy	.118±.002	7	$110\pm.001^{b}f$	1	$.101+.002^{c_{\flat}f_8}$	£	£000+600	α
Estrogen	$.109\pm.002^a$	7	$.106 \pm .001$	9	.109+.003	0 00	099+ 001£	٦ ٢
No treatment	$.116\pm.002$	8	$.102\overline{\pm}.003$	7	113±.001	တ	.099±.001 £	
Bone Density (g/cm <sup>2</sup> )	.m <sup>2</sup> )							
μŽ	.317±.006	8	$.294\pm.004f$	11	.296+.005°, 8	ω ω	.274+.005f	α
Estrogen						ı		)
Ovariectomy	$.313\pm.004$	7	$.289\pm.004f$	11	.288+.004 <sup>6</sup> .	€ 8	$.263+.003^{f}$	α
Estrogen	$.315\pm.004$	7	$.292\pm.004^{f}$	9	.314+.006	· œ	$275 \pm 0.05 f$	٦ (
No treatment	.311±.006	8	.275	-	.318±.005	ω	$269\pm.004^{f}$	, _

Results are given as the mean  $\pm$  SE. Significance of difference between treated and untreated groups:  $^aP<.05$ ,  $^bP<.01$ ,  $^aP<.005$  Significance of difference between deficient diet and normal diet:  $^dP<.05$ ,  $^eP<.01$ ,  $^fP<.005$ 



lengths to increase in normal rats. Addition of estrogen depressed bone length to normal or below normal.

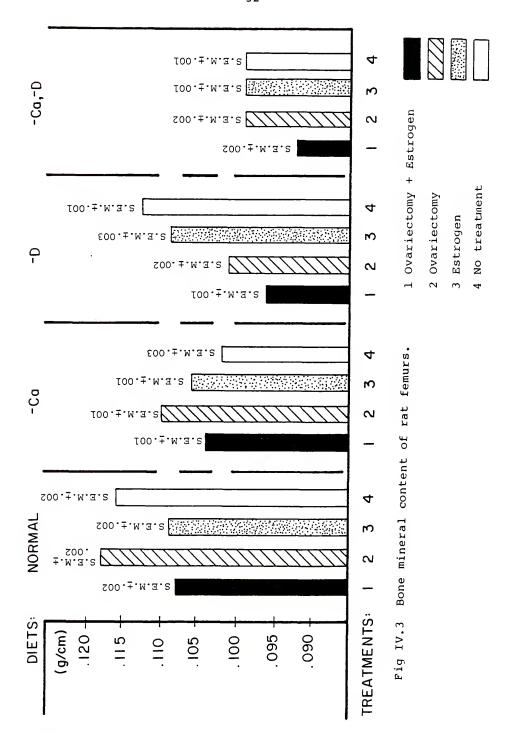
Bone mineral content. Means and standard errors of the mean for mineral content of the femur as measured by the photonabsorption method (Norland, 1980) are listed in Table IV.3. Statistically significant differences in mineral content of the femur due to dietary deficiencies and to treatments were found. The calcium-deficient diet and the vitamin D-deficient diet lowered bone mineral content (P<.005).

When administered estrogen, the normally fed intact rats had decreased bone mineral content (P<.05) but other dietary groups showed no effect from estrogen.

Ovariectomy caused a higher bone mineral content in calcium-deficient rats (P<.01), and a lower bone mineral content in vitamin D-deficient rats (P.<005); the latter effect most probably was due to the multiple deficiencies of the diet.

When rats were ovariectomized and estrogen was added, bone mineral content decreased in the normally fed group (P<.01), and in both the vitamin D and calcium— and vitamin D-deficient groups (P<.005).

The results indicate that diet does cause decreases in bone mineral content in the female rat. When the rat is depleted of certain nutrients, osteopenia results. That the rat is a suitable model for this premise has been established by this and other studies. Extrapolation of the



conclusion to the human female is difficult, however, the corollary does exist.

Sanchez et al. (1981) measured bone mineral mass <u>in</u>

<u>vivo</u> in normally fed, untreated rats with a Norland-Cameron

model 178 bone mineral analyzer. They found highly significant positive correlations between femoral mineral mass,

femoral ash weight, and body weights. Similar statistical

correlation tests are planned for the data in the present

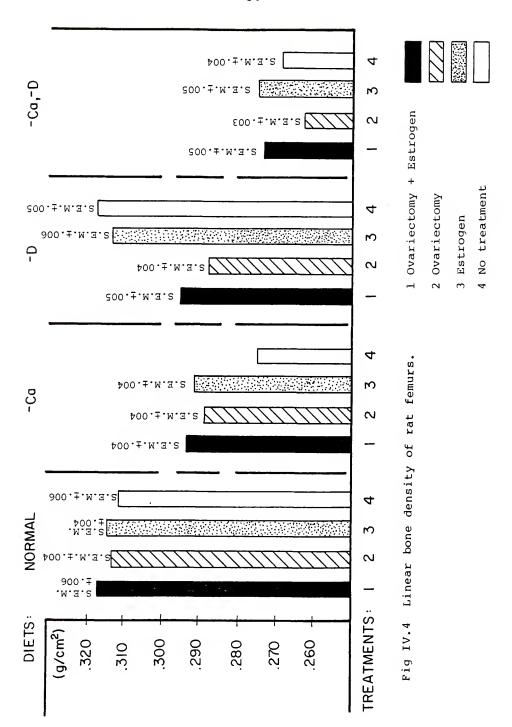
study.

Bone density. The bone density measurement is a ratio of the bone mineral content and the femur width, so that differences between bone mineral content and bone density were due to bone width and did not vary with bone mineral content, since the measurements were done simultaneously.

The means and standard errors of the means for bone density values are found in Table IV.3.

Dietary deficiencies signficantly decreased bone density in several treated and untreated groups (P<.05 to .005). Calcium- and vitamin D-deficiency especially affected density (P<.005) (Fig. IV.4). Only one intact femoral bone from untreated calcium-deficient rats was available; therefore it was not used for statistical comparisons.

Estrogen treatment showed no effect on bone density, whether given to intact or ovariectomized rats.



Ovariectomy also did not affect bone density. However, within the vitamin D deficient group, which also was deficient in protein and phosphorus, bone density was decreased by estrogen and by ovariectomy (P<.005).

Burkhart and Beresford (1978) castrated 1 1/2-year-old male rats and reported decreased femoral density 3 to 6 months later. A Joyce-Loebel photodensitometer was used to measure the density. Wink and Felts (1980) also reported density decreases in male castrates (P<.01) and femoral osteoporosis four months after castration in year-old male rats.

#### Biomechanical Tests

Table IV.4 lists the mean and standard errors of the torque required to fracture the femurs and of the deformation undergone by the bones at fracture.

Torque. In all treatments, the calcium-deficient group and the vitamin D-deficient group required the least torque (P<.01) for fracture to occur (Fig. IV.5).

Estrogen administered to intact rats significantly lowered torque in the normally fed group (P<.05) and raised it in the vitamin D-deficient group (P<.05).

Ovariectomy decreased the torque value significantly in the calcium- and vitamin D-deficient group (P<.05).

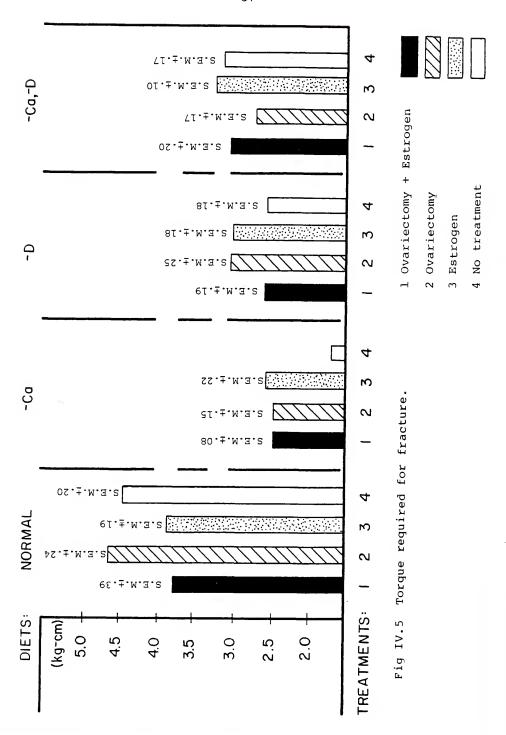
When estrogen was given to ovariectomied rats, torque values were reduced significantly in the normally fed group (P<.05) and raised significantly in the calcium-deficient group (P<.05).

TABLE IV.4

EFFECT OF DIET AND TREATMENT ON
BIOMECHANICAL PROPERTIES OF RAT FEMURS

Parameter and				Diet				
Treatment	Normal	(N)	-Ca	(N)	Q-	(N)	(N) -Ca,-D	(N)
Torque (kg-cm)								
Ovariectomy + Estrogen	$3.75\pm.39^{a}$	7	$2.49\pm.08^{a,f}$ 12	12	2.61±.19 <sup>e</sup>	8	3.06±.20	7
Ovariectomy	$4.62\pm.24$	9	2.49+.15f	6	$3.07 + .25^{f}$	7	$2.72 + 17^{a_3}$	f.
Estrogen	$3.86 \pm .19^{a}$	2	$2.58 \pm .22^{f}$	4	3.04+,18ase	7	$3.24 + 10^{f}$	٦,
No treatment	4.46±.20	8	1.70F	7	$2.56\pm.18f$	7	$3.15\pm.17^f$ 6	. 9
Deformation (degrees)	ees)							
Ovariectomy + Estrogen	14.41±1.77	7	15.96± .98	12	12 17.00±1.37	8	14.43±1.48	7
Ovariectomy	16.20± .58	2	17.94±1.24	6	17.43+1.36	7	14.92+ .89	9
Estrogen	$12.90\pm .56^{c}$	2	$18.00\pm 2.17$	4	$16.50 \pm 0.53^{f}$	7	13.50+ .29°	٦ ،
No treatment	16.00± .54	80	17.00	-	$17.14\pm1.53$	7	16.50± .58	. 19

Results are given as the mean  $\pm$  SE. Significance of difference between treated and untreated groups:  $^aP<.05$ ,  $^bP<.01$ ,  $^oP<.005$  Significance of difference between deficient diet and normal diet:  $^dP<.05$ ,  $^eP<.01$ ,  $^fP<.005$ 



<u>Deformation</u>. Dietary deficiencies had no effect on deformation of the rat femurs.

When estrogen was administered to intact rats in each group, the normally fed group and the calcium— and vitamin D-deficient group showed significant decreases in deformation values (P < .005). This effect can be interpreted to mean a harder bone with less bending ability resulting from estrogen administration.

Ovariectomy did not affect deformation of the femurs in any group.

Fig IV.6 represents the femoral deformation values for the rats in the study.

#### Bone Ash

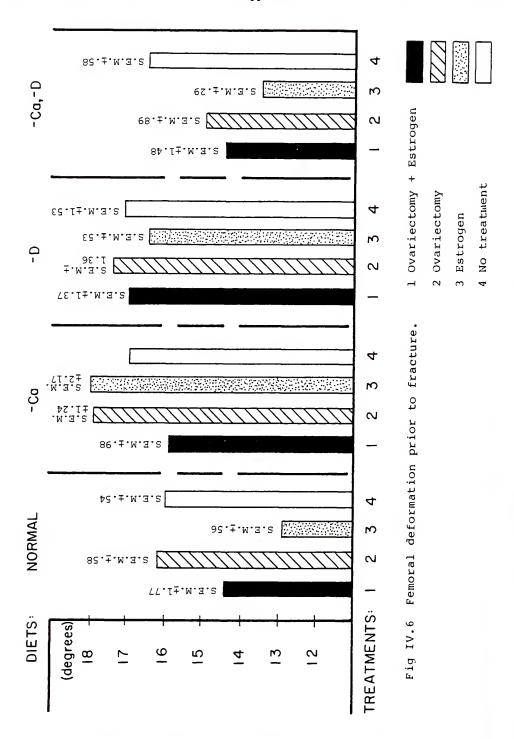
Values for bone ash as % of dry, fat-free femoral bone are listed as means ± SE in Table IV.5. Differences in bone ash content between rats on deficient diets and those adequately fed were statistically significant in all treatments-(P<.01), with highest values in the adequately fed group. Decreases in skeletal ash weight of rats on calcium-deficient diets have been previously observed (P<.001) (Rockoff and Armstrong, 1970).

Estrogen administration did not alter bone ash in any dietary group, however, ovariectomy decreased % ash content in the calcium-deficient group. The effect of ovariectomy and estrogen was an increase in bone ash in vitamin D-deficient and calcium- and vitamin D-deficient groups (P < .05).

TABLE IV.5
EFFECT OF DIET AND TREATMENT ON ON BONE ASH

	(N)	88	8	8	7
	(N) -Ca,-D (N)	61.94.270,98	60.0±.72 <sup>e</sup> 8	61.8±.44 6 8	60.6±.549 7
	(N)	80	80	8	8
	-D	61.3±1.50 $\theta$ 12 63.2±.48 $b$ , $e$ 8	$58.8\pm.649$ 12 $60.7\pm.47^f$	$f09.\overline{+}8.09$	$61.0\pm.57^{f}$
Diet	(N)	12	12	7	89
		.509	.649	p89.	.57 <i>f</i>
	-Ca	61.3±1	58.84	62.3± .63d	61.6± .57 <i>f</i>
	(N)	ω	7	7	7
	Normal	65.5±.42	63.9±.47	64.8±.62	65.5±.65
Parameter and	Treatment	Ovariectomy + Estrogen	Ovariectomy	Estrogen	No treatment

Significance of difference between deficient diet and normal diet:  $^d{\rm P}<.01$ ,  $^e{\rm P}<.005$ ,  $^f{\rm P}<.0005$ ,  $^g{\rm P}<.0001$ Significance of difference between treated and untreated groups:  $^{a}{\rm P}<.05$ ,  $^{b}{\rm P}<.01$ ,  $^{a}{\rm P}<.005$ Results are given as the mean ± SE.



Other normally fed animals have shown no alteration in ash content of bones after estrogen administration, but oophorectomy caused a significant decrease (P<.05) in ash content which was reversed by estrogen (P<.05) (Cruess and Hong, 1979). Other significant decreases in ash weight as % of femur dry weight have also been reported with oophorectomy (P<.01), even though the rats also had a high body weight gain (P<.05) (Lindgren and Lindholm, 1979). By castrating male rats and maintaining a normal diet, a decrease in % ash was observed after 3 to 6 months (Burkhart and Beresford, 1978; Wink and Felts, 1980). It is probable that a longer period than one month must be observed post ovariectomy in order to detect significant differences in bone ash in rats on a normal diet.

#### Mast Cells

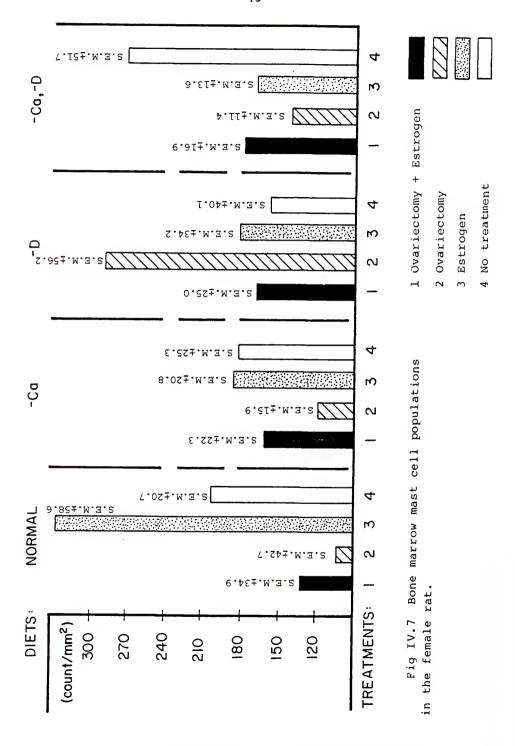
#### Bone Marrow Mast Cells.

Means of mast cell counts in the distal metaphyseal and diaphyseal portions of the femoral bone marrow are presented in Table IV.6. Means for each group were obtained and adjusted to an area of 1 mm<sup>2</sup>. The range of mast cell counts is also given as counts per 1 mm<sup>2</sup> surface area. Appendix I contains photomicrographs of bone marrow mast cells (Fig I.1-I.4). Figure IV.7 provides a visual representation of bone marrow mast cell populations observed in this study.

TABLE IV.6
MAST CELL POPULATIONS AS AFFECTED
BY DIET AND TREATMENT IN THE FEMALE RAT

Parameter and				Diet				
Treatment	Normal	(N)	-Ca	(N)	Q-	(N)	(N) -CaD	(N
:								
Bone Marrow Mast Cells	Cells							
Ovariectomy +	$131.6\pm34.9^a$	7	162.1+22.3	12	168.1+25.0	7	179.5+16.9	α
Estrogen	26.4-286.1		44.5-330.9		80.8-241.0		104.2-249.2	•
Ovariectomy	112.7±42.70	9	118.6±15.90	10	290. ±56.2°, e	7	140.9+11.4b	œ
	19.2-288.5		42.7-201.9		116.6 - 519.8		103.8-188.4	)
Estrogen	328.3±58.64	7	187.4±20.8 <sup>e</sup>	7	$181.5\pm34.2^{b}$	7	169.5+13.60	<i>a</i>
	192.0-624.0		97.7-258.2		79.0-339.9		113.5-217.5	)
No treatment	$202.9\pm20.7$	8	183.4±25.3	8	157.7+40.1		273.3+51.7	7
	139,9-323.6		90.4-341.6		46.5-386.1		168.2-524.8	
Vaginal Tissue Mast Cells	ast Cells .							
Ovariectomy +	$38.7 \pm 3.9^{b}$	80	$27.8+2.2^{b,e}$	12	42.6+6.2	α	38 5+3 30	α
Estrogen	25.2-58.4		16.5-154.0		28.0-80.5	)	25.9-50.4	>
Ovariectomy	$43.8\pm6.0^{b}$	9	51.4+7.20	12	35,5+3,3 <sup>a</sup>	α	55 8+6 5°	α
	19.4-58.9		30.8-124.4		26.7-55.0	)	41.0-82.2	>
Estrogen	26.6±1.9	7	$20.2 \pm 1.8^{e}$	7	41.1+10.4	œ	28 3+4 2	α
	22.7-33.8		13.9-27.0		25.0-112.2	)	16.7-49.0	•
No treatment	27.2±2.6	8	$21.7\pm1.7d$	7	54.4+9.46	œ	29.5+3.1	7
	14.5-39.3		15.3-29.2		26.5-31.1		19.4-43.2	

The range of mast cells/mm<sup>2</sup> is stated below the mean for each group. Results are given as the mean + SE of mast cells/mm² surface area. Significance of difference between deficient diet and normal diet:  $^dP < 10$ ,  $^eP < .05$ Significance of difference between treated and untreated groups:  $^a\mathrm{p}<.10,~^b\mathrm{p}<.05,~^a\mathrm{p}<0.01$ 



Normal diet group. The mean number of mast cells per  $mm^2$  in the bone marrow of these normal, untreated young rats was 202.9 $\pm$ 20.7. Bélanger (1977) recorded mast cell populations of 123 $\pm$ 16 per  $mm^2$  bone marrow in normally fed rats.

Estrogen increased the count in normally fed, intact rats (P<.10) (Fig. IV.7). Bélanger (1977) found no change in count when estrogen was used in rats on normal diets.

Ovariectomy produced a decrease in mast cell count (P<.10). When estrogen was given to ovariectomized rats, the count continued to remain below that of the untreated rat (P<.10).

Calcium-deficient group. The calcium-deficient, untreated rats in this study showed no change in bone marrow mast cell count from that of the adequately fed rats. This finding was somewhat surprising. The well-known study by Urist and McLean (1957) describes extensive increases in calcium-deficient rat bone marrow. However, no statistical evidence was reported. Their rats were weaned at three weeks to a calcium-deficient diet, whereas the rats on this study began the deficient diet at two months of age. Greatest increases in mast cell counts in their rats were reported as occurring after six to 15 weeks. The rats on the present study were fed a calcium-deficient diet for only six weeks. Rockoff and Armstrong (1970) also experienced marked mast cell hyperplasia in calcium-deficient rats. However,

mean number per field and distribution of cells in calciumdeficient rats did not vary from the normally fed rats in the study of Rasmussen (1972). It may well be that age of rat and duration of calcium deficiency play an important role in mast cell population changes, if alterations do, in fact, occur.

In contrast to normally fed animals, calcium-deficient rats administered estrogen did not show altered counts. However, calcium-deficient, estrogen treated rats did show increased counts when compared to normally fed, estrogen treated rats (P < .05).

Ovariectomy produced a significantly decreased mast cell count in this group (P<.01).

Vitamin D-deficient group. A combined lack of protein, phosphorus, and vitamin D produced no changes in bone marrow mast cell count in the untreated animals. Estrogen significantly increased the marrow count in the intact rats (P<.05) and ovariectomy also increased the count (P<.10). Ovariectomized rats also had an increased bone marrow mast cell count when compared to ovariectomized, normally fed rats (P<.05) indicating an effect of diet.

Contrary to the above finding, Rasmussen (1972) reported marrow mast cells in a vitamin D-deficient group to be higher than those of normally fed rats. The statistical significance level was not given.

<u>Calcium- and vitamin D-deficient group</u>. Effect of diet in untreated rats in this group was not observed. Rasmussen

(1972) reported significantly higher numbers of marrow mast cells per field in a calcium— and vitamin D-deficient group when compared with a normally fed group.

In the present study, when rats in this dietary group were treated with estrogen, the mast cell count decreased from that of the estrogen treated, normally fed group (P <. 05) and from the untreated rats in the same calcium— and vitamin D-deficient group (P <. 10) indicating an effect of diet and treatment.

Ovariectomy also caused a significant decrease in mast cell marrow count (P < .05).

It has been suggested that mast cell increases in bone marrow are due to secondary hyperparathyroidism caused by hypocalcemia (Rasmussen, 1972). As was mentioned previously in the serum calcium section, dietary deficiencies did not consistently cause hypocalcemia in the present study nor in other studies. As stated, diet did not affect serum calcium or bone marrow mast cell numbers in the present study.

The rats given estrogen were made hypocalcemic in all deficient diet groups, but did not exhibit mast cell increases. The reverse was found with normally fed rats, i.e., an increased mast cell count was observed in estrogen treated rats with normal serum calcium levels. Hormone treatment may have interfered with the theory mentioned above, even though estrogen receptors are not known to occur in bone.

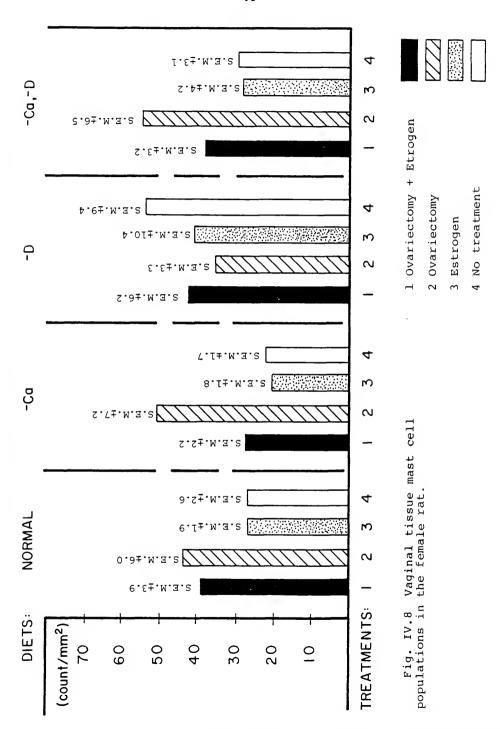
A consistent decrease in marrow mast cell number was observed in calcium— and vitamin D-depleted, estrogen deficient rats (ovariectomized). With the addition of estrogen, marrow mast cell numbers were returned to the normal range. This finding clearly indicates the presence of hormonal activity in bone.

#### Vaginal Tissue Mast Cells

The mean number of mast cells per mm<sup>2</sup> vaginal tissue in the different groups of rats is given in Table IV.5 and is illustrated graphically in Fig. IV.8. Photomicrographs of vaginal tissue mast cells observed in this study are contained in Appendix I (Fig. I.5-I.8).

Normal diet group. Vaginal mast cells in the untreated control group numbered 27.2±2.6 with a range of 14.5 to 39.3. Estrogen given to intact rats in this group did not alter the count. However, ovariectomy did increase the count significantly (P<.05). Estrogen given to ovariectomized rats, however, did not return the count to a normal range.

Estrogen given to intact mice increased vaginal mast cells substantially (Westin and Odeblad, 1956) again suggesting species difference; however, Johannson and Westin (1959) report estrogen as suppressing true mast cell numbers in mouse vaginal tissue.



<u>Calcium-deficient group</u>. Calcium deficiency produced a decrease in the vaginal tissue mast cell count at the P<.10 level, indicating a very weak, almost non-existent effect.

Calcium deficiency also produced a decrease (P<.01) in estrogen treated rats. Likewise, the deficient diet showed an effect of decreasing the mast cell count when these rats were ovariectomized and given estrogen (compared with normally fed rats of similar treatment (P<.05).

Within the group, when compared with untreated rats, ovariectomized rats exhibited an increased vaginal tissue mast cell count (P<.01). With the addition of estrogen, the cell count was reduced to the normal range of a calciumdeficient animal.

Vitamin D-deficient group. Untreated rats in this group had higher vaginal tissue mast cell counts than normally fed rats (P<.05). Treated rats did not display an effect of diet deficiencies on mast cell numbers.

Estrogen did not alter mast cell counts; but lack of estrogen caused a reduction in number (P<.10). These rats were given a diet deficient in protein and phosphorus as well as vitamin D; results would possibly be affected by the lack of those nutrients.

<u>Calcium- and vitamin D-deficient group.</u> Diet had no effect on mast cell count in this group.

Within the group, estrogen given to intact rats produced no changes in vaginal tissue mast cell counts. Ovariectomy, however, caused an increase in cell numbers (P<.01).

Estrogen added to the ovariectomized rats maintained a count higher than normal for this group (P<.10). Overall, mast cell counts in rat vaginal tissue were much less variable within groups than in bone marrow.

Summarizing the influence of diet and treatment on vaginal tissue mast cell populations, one observes that depletion of bone in the rat by dietary calcium deficiency, as evidenced by densitometric bone analysis and bone ash levels, has no effect on the vaginal tissue mast cell number. This is a finding which has not been supported by the literature since studies of vaginal tissue mast cells do not exist.

It is important to examine the pattern of hormonal effects. Estrogen given to intact rats did not affect mast cells in the vaginal epithelium, an estrogen sensitive tissue. But when the rats were deprived of estrogen by ovariectomy, mast cells increased above normal, irrespective of diet. When estrogen was added, the increased populations were maintained above normal, but a hormonal effect of reducing the numbers may be a possibility.

The vitamin D-deficient group does not fit this pattern, most probably because of the effects of additional dietary deficiencies. As an effect of this diet, however, mast cells did increase in vaginal tissue. With ovariectomy a decrease was observed.

#### CHAPTER V CONCLUSIONS

Change (reduction) in mast cell numbers in rats made osteopenic by dietary deficiencies of calcium and vitamin D as evaluated by bone densitometry and bone ash content was observed in vaginal tissue as an effect of a calcium-deficient diet at the P<.10 level of significance. Because of the weak evidence of mast cell reduction occurring, the first hypothesis is not proven. This finding is not documented in the literature as studies concerning mast cell populations in rat vaginal tissue do not exist.

Bone marrow mast cell populations did not vary as a result of dietary deficiencies. That significant changes in mast cell populations did not occur in the bone marrow was surprising because other studies have indicated a substantial increase in bone marrow mast cells with calcium deficiency and osteoporosis (Urist and McLean, 1957; Frame and Nixon, 1968; Rockoff and Armstrong, 1970; te Velde et al., 1978).

Two possible explanations for lack of change in marrow mast cell numbers are suggested. The rats in the present study were at least two months old before being fed deficient diets. It was desirable to have rats with estrous

cycles in order to observe the effect of removing the circulating estrogen. The rats in the aforementioned studies were Weanlings.

In addition, the duration of dietary deficiencies may have been too short to overcome the effect of age, even though osteopenia was indicated. The rats in the present study were kept on deficient diets for a period of five weeks which approximated .05% of their life span. With dietary deficiencies extended over a longer period of time, significant alterations in marrow mast cell numbers may have been seen.

The effects of exogenous estrogen were seen to reduce bone marrow mast cell numbers in rats both calcium and vitamin D deficient, which supports the second hypothesis of this study, in part. An opposite effect of estrogen administration was seen in normally fed rats: the bone marrow increased significantly in mast cells. This inconsistency is not understood. However, these results strongly suggest that bone is an estrogen sensitive tissue, even though estrogen receptors have not been found in bone.

Bilateral ovariectomy significantly affects both vaginal tissue and bone marrow with respect to mast cell populations. Removal of estrogen production in the rat reduces bone marrow mast cells in rats normally fed and also in those deficient in calcium and vitamin D. An opposite effect of estrogen removal is seen in the vaginal tissue. Both observations support the hypothesis that ovariectomy

alters mast cell populations in bone marrow and vaginal tissue of calcium- and vitamin D-deficient rats.

In absolute terms, ovariectomized rats resupplied with estrogen demonstrated increases in vaginal tissue mast cells and a decrease in marrow mast cells. These are changes similar to those stated as an effect of ovariectomy alone. However, upon observing Figs. IV.7 and IV.8, one can detect that replacement of estrogen may be causing a reversal of mast cell population change due to ovariectomy. Statistical analyses between ovariectomized groups with and without estrogen will be performed in the near future to determine whether added estrogen changes mast cell populations in ovariectomized rats.

It is important to consider again the possibility that both age of the rat when begun on a deficient diet and duration of feeding a deficient diet may greatly influence mast cell populations in the two tissues examined in this study.

Ovariectomy, the procedure which removes the endogenous gonadal hormone supply has known consequences relating to bone loss in the human female. Whether mast cell changes similar to those in the rat occur in the human is not known. Considering the results of the present study, a quantitative investigation of mast cell populations in vaginal tissue of ovariectomized women may provide information useful in the study of osteopenia and bone resorption.

It has also become apparent that qualitative investigation of the mast cell populations, including histologic bone evaluations, needs to be considered from data obtained in the present study. The need for further examination of correlations between bone densitometric measurements, bone ash, serum calcium, biomechanical tests and the mast cell populations is also immediate. Statistical analysis is scheduled for these parameters.

# APPENDIX A SIGMA XI GRANT-IN-AID OF RESEARCH



### SIGMA XI THE SCIENTIFIC RESEARCH SOCIETY OF NORTH AMERICA For the Encouragement of Scientific Research

#### Grants-in-Aid of Research

Grants-in-Aid of Research are supported by voluntary contributions to the Research Program from the membership of SIGMA XI. Awards are normally made in amounts ranging from \$100 (or less) to a maximum of \$1,000.

Research awards may be made to support scientific investigation in any field. Each award is made payable to the individual recipient. No part of a grant may be used for the payment of any indirect costs to the recipient's institution—all of the funds must be expended directly in support of the proposed investigation. All equipment purchased shall be the property of the institution. Grants normally are not made for expenses of publication, salary or tuition, travel to meetings, or usual and routine institutional obligations. Priority is usually given to applicants who are in an early stage of their scientific careers.

The Committee on Awards meets on or about the first of March, June, and December of each year and applicants are notified of the Committee's decisions within six weeks. In order to be considered, applications must be received by February 1 for the March meeting, May 1 for the June meeting, and November 1 for the December meeting at Sigma Xi National Headquarters, 345 Whitney Avenue, New Haven, Connecticut 06511, Attention: Committee on Awards.

Franklyn B. Van Howten

Franklyn B. Van Houten, Chairman

APPLICANT: Please	fill in these three items only.	EOD COMMITTEE HEE ONLY
Tes	Dogge F	FOR COMMITTEE USE ONLY
APPLICANI:	• • • • • • • • • • • • • • • • • • • •	Date Received
	NAME FIRST NAME MIDDLE NAME	Amount Requested:
FIELD: Nutrition	and Osteoporosis	
		Action:
	he Relationship Between	Not Granted
	nective Tissue Mast Cell	Granted:
Populations in the	Female Rat	Full (\$ )
		Partial (\$ ) Conditional (\$ )
		Date of mailing award:
		Date of receipt of final report:
		<del></del> .
	COMMENTS AND RECOMMENDATIONS	
COMMITTEE ACTION		
		·
DAME OF MERMANG		
DATE OF MEETING		
ADDITIONAL REMARKS		
	•	
		1

## Please type or print all information APPLICATION FOR GRANT-IN-AID OF RESEARCH

m .

Name	lesar	Rogene	E.
Trounce 111	LAST NAME	FIRST NAME	MIDDLE NAME
Address	6916 N.W. 20th Place, Ga	inesville, Florida 3	2605
		•••••	Age 42
Present	position and institution	Graduate Assistant,	=
Obstetri	ics and Gynecology, Unive	reity of Florida	
Поптоск	, institutions conferring	thom dates B.Sc. (H	ome Economics)
Kansas S	State University, 1962; B	.Sc. (Food Science) U	niversity of
Florida,	, 1977; M.Ag. (Human Nutr	ition) University of	Florida, 1979;
Ph.D. (i	in progress) University o	f Florida	
Mambattl	rip in SIGMA XI .non-memb	er	
			• • • • • • • • • • • • • • • • •
five yea	uttach a list of titles ours, with names of period if	f articles published icals and dates: Lis	during the last t of titles
Title of and Conr	<pre>f proposed investigation: nective Tissue Mast Cell</pre>	The Relationship Be Populations in the Fe	• • • • • • • • • • • • • • • • • • •

Proposed investigation, described in non-technical language:

Previous studies suggest a relationship between bone marrow mast cell (MC) activity and local bone loss. There is also evidence that changes in skin MC activity may be indicative of bone loss. The proposed study is designed: 1) to determine whether a correlation exists in female rats between MC activity in bone marrow and vaginal tissue and 2) to examine the effects of calcium- and vitamin D-deficient diets, exogenous estrogens and removal of the ovaries on this relationship.

The following hypotheses will be tested: 1) dietary calcium and vitamin D deficiences produce an increase in bone marrow MCs and a decrease in vaginal epithelial MCs in female rats; 2) administration of exogenous estrogens alters the bone and vaginal tissue MC activity in the osteoporotic female rat; and 3) removal of the ovaries (removal of primary source of endogenous estrogens) produces changes in bone and vaginal tissue MC activity in the female rat.

Should the correlation be shown to exist, a similar correlation in the pre-osteoporotic and osteoporotic human female could be suggested.

At present there is no universally applicable, non-invasive method for evaluation of bone resorption and formation. Evaluation of MC activity in vaginal tissue may prove useful as a non-invasive means of detecting increased bone resorption (indicative of osteoporosis associated with endogenous or exogenous excess of corticosteroids, hyperthyroidism, hyperparathyroidism and osteomalacia). In a similar manner, the method could be used to assess treatment efficacy.

Locations where problem will be studied: Department of Animal
Resources, J. Hillis Miller Health Center, University of Florida; Department of Animal Science, College of Agriculture, University of
Florida. Nature of assistance desired and amount of grant needed, itemized:
Purchase of 128 Sprague-Dawley female rats \$544.00
Feed and bedding for above rats for 5 wk. period 394.25
TOTAL \$938.25
Institutional support for study of problem: Remaining necessary support
to carry out entire research project: anesthesia, estrogen, stains
and chemicals, microscope slides and use of all equipment.
Previous grants received from SIGMA XI and others:
••••••
Other applications pending:
••••••
Attach a list giving name of each assistant or co-worker, if any, engaged in the investigation:
List attached X Number of co-workers 7
Names and addresses of at least two specialists* in this field who will be ASKED BY THE APPLICANT to send to Sigma Xi National
Headquarters statements indicating (1) the importance of the proposed
investigation and (2) the qualifications of the investigator.  Morris Notelovitz, M.D., Ph.D., Dept. of Obstetrics and Gynecology,
Box J-294 JHMHC, College of Medicine, U of F, Gainesville, FL 32610
J.P. Feaster, Ph.D., Dept. of Animal Science, 20 Nutrition Lab, IFAS
College of Agriculture, U of F, Gainesville, FL 32610
*If applicant is a degree candidate, one must be that faculty or research staff member supervising his research.
Amelianath Cinner of
Appropriate the Cinemature of

Date October 28, 1980

Title: The Relationship Between Epithelial and Connective Tissue Mast

Cell Populations in the Female Rat

Investigator: Rogene Tesar

### Assistants and Co-workers Engaged in Investigation:

Morris Notelovitz, M.D., Ph.D.

J.P. Feaster, Ph.D.

A.F. Moreland, D.V.M.

Laboratory Technician of Dr. Moreland Laboratory Assistance

Marsha Ware

Lynda McKenzie, R.N.

Cindy Soroski

Advisor - Endocrine Functions

Advisor - Dietary

Laboratory Assistance

Laboratory Assistance

Laboratory Assistance

Statistical Assistance

### The University of Florida College of Medicine

Department of Obstetrics and Gynecology

November 26, 1980



BOX J-294, JHMHC GAINESVILLE, FLORIDA 32610 TELEPHONE: 904-392-2893

> Committee on Awards Sigma Xi National Headquarters 345 Whitney Avenue New Haven, CT 06511

RE: Application by Rogene Tesar for grant to investigate the relationship between epithelial and connective tissue mast cell population in the female rat.

Sirs,

The above application relates to the potential role that mast cell activity may have in the development of osteoporosis, a condition that affects some 25% of menopausal women and about 75% of women who have undergone a surgical menopause. Osteoporosis is a significant disease since it is not only associated with pathologic fractures and potential invalidism, but can frequently result in the premature death of elderly women. One of the problems in the clinical management of this condition is the difficulty of its diagnosis and measurement of its response to treatment. Mrs. Tesar's research could provide the answer to this problem.

I have been acquainted with Mrs. Tesar for approximately two years and am currently an advisor to her for her Ph.D. requirements. She is a highly competent research worker, and I am confident that she will be able to accomplish all the goals of her research project. I have no hesitation in supporting her request.

Warm kind regards.

Morris NotePovitz, M.D. (RAND), Ph.D., F.R.C.O.G., F.A.C.O.G.

Director of the Center for Climacteric Studies

MN:mlh

EQUAL EMPLOYMENT OPPORTUNITY AFFIRMATIVE ACTION EMPLOYER



#### SIGMA XI, THE SCIENTIFIC RESEARCH SOCIETY

OFFICE OF THE COMMITTEE ON AWARDS

20 April 1981

345 WHITNEY AVENUE NEW HAVEN, CONNECTICUT 06511 (203) 624-9883

Ms. Rogene E. Tesar 6916 N.W. 20th Place Gainesville, FL 32605

Dear Ms. Tesar:

I am happy to inform you that at a recent meeting of the Committee on Awards a Grant-in-Aid of Research of \$250.00 was given you to further the work in your application: The Relationship Between Epithelial and Connective Tissue Mast Cell Populations in the Female Rat. Please complete the enclosed acceptance form so that we may write and forward your check.

This award is one of eight made possible this year from the income of a specific gift to the Research Fund by Mrs. Daisy Yen Wu in memory of her husband, Dr. Hsien Wu.

It is understood that in accepting this award you will at the close of the academic year (1981-82) submit a report of the work done to the Committee on Awards, Sigma XI, The Scientific Research Society, 345 Whitney Avenue, New Haven, Conn. 06511. This should be a short one or two-page summary of the work accomplished with your Sigma XI grant.

It is further understood that all published reports of your work will contain a statement that the research was aided by a Grant-in-Aid of Research from Sigma Xi, The Scientific Research Society. Also, any equipment purchased with the funds which have been made available is to be considered the property of the institution where the research is being carried on. It is also to be understood that no indirect costs are to be paid to your institution from this grant.

It is a great pleasure to express the Committee's hope for your continued success in scientific research.

Sincerely yours,

7. B. Van Houter

Franklyn B. Van Houten

FVH/ia Enclosure

Date Apr	il 27,	1981
----------	--------	------

Committee on Awards Sigma Xi, The Scientific Research Society 345 Whitney Avenue New Haven, CT 06511

#### Gentlemen:

I have received your letter stating that a grant has been awarded to me by the Committee on Awards.

- I. (X ) I accept the award in the amount of \$250.

  ( ) I cannot accept the award because

  ( ) I shall let you know by \_\_\_\_\_\_ whether or not I can accept it.

  II. The name of the President or Chancellor or Chief Executive Officer of my institution is:

  \_\_\_\_\_ President: Robert Q. Marston

  III. The name of the Head or Chairman of my Department is:

  Animal Science: H.D. Wallace, Chairman Center for Climacteric Studies:

  M. Notelovitz, M.D., Ph.D.
  - IV. Will you please have Sigma Xi, the Scientific Research Society, forward to me a check made payable for the amount of the award. I understand that it will be sent to my institutional address only, and I have made arrangements for its being forwarded if necessary.

NAME (Please Print): \_\_Rogene Tesar, R.D., M.Ag.

INSTITUTIONAL ADDRESS ONLY:

Center for Climacteric Studies
Univ. of Fla., 901 N.W. 20 Pl.

Suite B-l Gainesville, FL 32601

Signature



#### SIGMA XI. THE SCIENTIFIC RESEARCH SOCIETY

OFFICE OF THE EXECUTIVE DIRECTOR

10 June 1981

345 WHITNEY AVENUE NEW HAVEN, CONNECTICUT 08511 (203) 624-9893

Ns. Rogene E. Tesar University of Florida Center for Climacteric Studies 901 N.W. 20th Place Suite B-1 Gainesviile, FL 32601

Dear Ms. Tesar:

Enclosed please find our check in the amount of \$250.00, which represents the Grant-in-Aid of Research award made to you by the Sigma Xi Committee on Grants-in-Aid at their March meeting.

This award is one of eight made possible this year from the income of a specific gift to the Research Fund by Mrs. Daisy Yen Wu in memory of her husband, Dr. Hsien Wu.

Upon completion of your research a report of your findings should be forwarded to the Committee on Grants-in-Aid, 345 Whitney Avenue, New Haven, CT 06511.

May I take this opportunity to wish you every success with your research.

Sincerely

Thomas T. Holme Executive Director

Thomas L. Holme

TTH/ia Enclosure

cc: Office of the President Department Chairman

# APPENDIX B LABORATORY ANIMAL USE

# All University Committee on the Care and Use of Laboratory Animals

In order to comply with DHEW policy and all federal, state and local rules and regulations concerning the care, treatment and use of laboratory animals, the following information is necessary for grants to be processed by the Division of Sponsored Research. Instructional programs and research projects supported internally using laboratory animals must also complete this questionnaire and return to the Committee completing the appropriate parts.

					•••
1.	vepartme	l investigator: Rogen nt Obstetrics and Gyn College of Medicine	e E. Tesar ecology	Telephone 392-3184	Date Nov. 17, 1980
2.	Proposal	submitted to:	Sigma Xi Name	345 White	nev Ave., New Haven, 1ress Conn. 06511
3.	Starting	date: December 15,	1980	; conclusion:	August 30, 1981
4.	Proposal				
	The Relat Populatio	ionships Between Epithons in the Female Rat	elial and C	onnective Tissue Mast	Cell .
5.		Decies: Rat Sprague-Dawley 137 Female 3 weeks and 2 months 50 gram and 120 gram			
6.	Explain the mast and will	rimal-model appropriat Yes. The female rat h cell. The metabolism o produce results due to ing in the human.	as been use	losely related to the	+ af +ba b
7.	Abstract (Use cont 137 rats of mast cell preliminal treatment at beginned diet (32) (32 rats)	of animal use: inuation sheet if nee full be utilized to obs in bone and vaginal ti y trial to define whet (a) castration. Treat ing of study b) estrop cats). d) calcium defi	eded) erve differ ssue. Of t her mature ments are a en (IV.) (6 cient diet	ences in population and the second se	nd activity of the utilized for a to be used for ion (70 rats) o weeks, c) normal in deficient diet
8.	The rats w	location of animals: vill be maintained at t a in individual cages w	he Animal R	esquirces Department	HMHC, University
9.	anestheti	udy designed to avoid the appropriate use cs? If not, explain: a will be used for surg	or tranqui Yesi	lizers, analgesics a	or suffering nd/or
10. G	Method(s) At the end decapitat:	of euthanasia to be add of a maximum 5 week f	used: eeding peri	od, the rats will be i	xilled by
	Cipal Investme Tesar, M.		<	Department Chairman Eduard G. Friedrich, J	Ir., M.D.
				- •	•

All University Committee on the Care and Use of Laboratory Animals Continuation Sheet

7. h) photon absorptiometry of the femur and tibia during the 5 week diet period. Castration (removal of ovaries) will be performed under anesthetization. At the termination of the 5 week diet period the rats will be killed by decapitation. Bone and vaginal tissue specimens will be obtained for histological purposes.

### University of Florida All-University Committee for The Care and Use of Laboratory Animals

1.	Acknowledge receipt of your form for the care and use of laboratory animals entitled:
	"The Relationship Between Epithelial and Connective
	Tissue Mast Cell Populations in the Female Rat" submitted 11/17/80.
2.	Review Results
	Approval: XX
	Disapproval:
	Incomplete-please provide
_	
3.	For questions, please call: Dr. Halliwell at (904)
	392-4751.

# APPENDIX C EXPERIMENTAL ANIMAL BODY WEIGHTS

### TABLE C.1 NORMAL DIET

Sample						
ID	0W	1 W	2W	3W	4W	5 <b>W</b>
	100	405	4.0-			
1	192	197	195	191	195	196
2	175	184	189	197	200	204
3	184	198	202	208	213	212
4	180	186	187	190	192	193
2 3 4 5 6	185	198	198	201	204	209
6	183	183	189	196	199	200
7	186	187	195	197	197	198
8	197	204	237	231	234	237
9	195	195	227	259	276	280
10	189	196	251	299	321	332
11	185	196	240	264	282	294
12						
13	212	205	248	291	308	315
14	195	198	253	282	297	309
15	177	175	222	257	270	278
16	184	195	259	298	325	337
17	177	182	206	217	219	217
18	183	187	197	205	209	206
19	183	202	199	228	231	230
20	197	191	215	209	214	216
21	191	196	206	214	204	206
22						
23	184	190	190	208	204	209
24	201	209	254	242	241	245
25	194	203	225	234	244	250
26	206	204	230	238	255	264
27	196	209	228	247	251	255
28	200	209	242	267	275	285
29	171	188	201	217	226	228
30	180	191	231	250	256	263
3 1	209	214	241	267	273	275
32	194	199	226	245	252	259

TABLE C.2 -Ca DIET

Sample		T						<del></del>			
ID	0W	11	W	2	W.	3	W	4	W	5W	6W
1 2 3 4	161 187 181	179 204 192	176 197 189	179 197 190	177 196 197	169 195 193	171 196 198	176 202 196	176 196 198	175 195	181 205
4 5 6	183 175	202 175	201 176	197 187	196 190	196 188	193 196	199	198	197 208 202	195 209 200
6 7 8	175 177 183	187 194 198	185 192 205	185 182 210	184 173 210	181 185 210	188 187 215	188 189 213	195 188 214	195 186 212	197 190 215
1a 2a 3a 4a	211 197 182 188	211 201 187 196		211 213 187 203		215 212 194 203	213	216 213 200 209	413	222 211 194 211	213
9 10 11	181 167 190 204	191 174 204 210	210 190 222	225 205 248	239 220 262	247 226 275	255 236 286	261 244 295	275 250 301	274 259 305	290 265 310
12 13 14 15	170 168 194	178 184 212	233 203 200 226	264 221 228 241	282 238 247 255	295 242 257 260	310 253 270 262	320 259 276 263	328 268 279 258	336 275 290 265	342 285 294 265
16 5a 6a 7a 8a	185 191 177 186 183	199 192 177 196 191	217	242 251 214 243 239	258	274 275 253 283 275	291	299 292 269 295 291	303	310 298 278 306 299	317
17 18 19 20 21	184 196 187 202 172	207 195 201 217	192 201 204 213	195 205 215 220	194 205 219 229	200 209 229 236	203 215 233 233	213 224 233 239	208 223 234 239	215 233 242 234	218 228 235 244
22 23 24 25	167 183 200 181	186 198 216 189	184 197 217 189	192 206 225 199	190 207 219 199	191 215 230 202	191 230 216 205	201 215 235 210	203 215 232 209	207 214 234 210	207 204 220 210
26 27 28 29 30	184 187 181 173 177	198 195 188 190 198	210 203 194 203 211	220 214 201 208 223	225 219 206 216 225	228 224 210 217 228	239 230 212 223 234	246 233 216 228 239	246 236 219 228 242	245 242 222 235 245	249 241 223 235 247
31 32	185 191	204 204	210 213	219 221	226 228	231 232	242 241	247 248	239 242	242 245	245 249

TABLE C.3 -D DIET

Sample ID		W	1w	2W	3W	4 W
	<u> </u>					1 - 1,1
1	144	161	165	164	172	168
	157	166	167	167	170	176
3	146	173	171	167	174	174
2 3 4	158	181	179	186	196	198
5	146	165	166	165	176	180
5 6 7	151	173	177	171	175	174
7	154	171	169	168	173	177
8	154	180	175	172	171	172
9	156	180	187	207	223	232
10	175	190	193	208	224	234
11	161	173	174	189	204	214
12	153	165	172	182	200	216
13	203	192	196	213	231	250
14	184	183	184	203	210	219
15	173	166	164	179	201	213
16	177	176	179	203	220	230
17	202	209	199	196	210	218
18	134	145	146	149	161	163
19	136	151	157	158	170	176
20	142	165	169	169	173	177
21	148	174	177	181	195	193
22	161	189	190	189	203	206
23	139	157	158	163	169	172
24	152	177	181	183	190	194
25	133	149	158	168	173	188
26	154	176	182	188	201	210
27	149	172	171	185	197	208
28	155	181	184	203	210	217
29	150	169	174	182	191	199
30	175	171	174	182	193	197
31	187	180	179	195	211	219
32	184	183	185	191	191	203

TABLE C.4 -Ca, -D DIET

Sample						
ID	w	1W	2W	3W	4 W	5W
1	204	217	211	222	220	222
1	204 204	217	211	223	229	228
2 3 4 5 6		215	210	224	225	217
3	199 176	207	199	213	224	231
4		184	180	187	194	196
5	194	202	190	197	207	206
ь 7	187	192	190	201	203	202
7	218	225	216	230	239	242
8 9	184	185	186	194	196	197
	205	205	234	269	294	315
10	171	183	214	251	272	287
11	212	194	258	303	329	343
12	191	200	238	278	305	318
13	187	198	223	262	280	300
14	197	214	239	283	306	323
15	212	223	224	240	248	258
16	197	208	204	224	228	242
17	196	205	209	246	222	177
18	196	209	224	214	252	253
19	221	229	234	244	258	246
20	195	197	209	224	234	215
21	198	210	209	212	200	190
22	201	212	216	230	232	23 1
23	210	212	215	234	245	234
24	200	201	202	220	229	198
25	211	224	248	246	268	268
26	04.5	205		2.12		
27	217	225	237	243	259	266
28	205	213	220	231	259	257
29	214	229	243	257	270	277
30	194	201	219	225	253	247
31	194	203	221	229	241	247
32	207	208	242	225	268	280

# APPENDIX D COMPOSITION OF EXPERIMENTAL DIETS

### AIN-76 Semipurified Diet (Ca:P 1.14:1)\*

Casein	20.0%	
DL-Methionine	0.3%	
Cornstarch	15.0%	
Sucrose	50.0%	
Fiber	5.0%	
Corn Oil		
AIN Mineral mix	5.0%	/1 M.
	3.5%	g/kg Mixture
Calcium Phosphate, Dibasic	$(CahPO_4)$	500.0
Sodium Chloride (NaCl)		74.0
Potassium Citrate, Monohydi	cate	
(HOC (COOK) CH4COOK) 4 · H2	J	220.0
Potassium Sulfate (K2SO4)		52.0
Magnesium Oxide (MgO)		24.0
Manganous Carbonate (43-489	mn)	3.5
Ferric Citrate (16-17% Fe)		6.0
Zinc Carbonate (70% ZnO)		1.6
Cupric Carbonate (53-55% Cu	1)	0.3
Potassium Iodate (KIO3)		0.01
Sodium Selenite (Na <sub>2</sub> SeO <sub>3</sub> ·	5H <sub>2</sub> O)	0.01
Chromium Postassium Sulfate	e (ĈrK	
$(SO_4)_2 \cdot 12H_2O)$		0.55
Sucrose, finely powdered		118.0
All Vitamin mix	1.0%	per kg Mixture
Thiamine HCl		600 mg
Riboflavin		600 mg
Pyridoxine HCl		700 mg
Nicotinic Acid		3 mg
D-Calcium Pantothenate		1.6 mg
Folic Acid		200 myl Acetate
(Vit. E), Pre-mix		20 g
Cholecalciferol (Vit. D3)		2.5 mg
Menaquinone (Vit. K)		5.0 mg
Sucrose, finely powdered		972.9 g
Choline bitrate	0.2%	

<sup>\*</sup>Obtained from Nutritional Biochemicals, Cleveland, OH

### Calcium Deficient Diet (Ca:P .07:1)\*

Casein (purified) 24.0% Sucrose 68.0% Corn Oil 5.0% Calcium Free Salt Mixture 3.0% Dipotassium Phosphate Monosodium Phosphate Magnesium Sulfate Sodium Chloride Ferric Citrate Potassium Iodine Manganese Sulfate Zinc Chloride Copper Sulfate	52.873% 10.313% 8.188% 23.125% 4.500% 0.130% 0.741% 0.080%
Plus Special ICN Vitamin Diet Fortificatio	0.050% n Mixture:
	am/ka
Vitamin A Concentrate (200,000 units/gm)	
Vitamin D Concentrate (400,000 units/gm) Alpha Tocopherol	.006
Ascorbic Acid	.1 1.0
Inositol	.1
Choline Chloride	1.7
Menadione	.05
-Aminobenzoic Acid	.1
Niacin	. 1
Riboflavin	.02
Pyridoxine Hydrochloride	.02
Thiamine Hydrochloride	.02
Calcium Pantothenate	.007
	mgs/kg
Biotin	. 4
Folic Acid	2.0
Vitamin B-12	.03

# Rachitogenic U.S.P. No. 2 Diet (Ca:P 4.23:1)\*

Ground Gluten	20%
Ground Whole Yellow Maize	76%
Calcium Carbonate	3%
Sodium Chloride	1%

# Custom Vitamin D and Calcium Deficient Diet (Ca:P .07:1)\*

Based on the Calcium-Deficient Diet with omission of Vitamin D Concentrate

<sup>\*</sup> Obtained from Nutritional Biochemicals, Cleveland, OH

<sup>\*\*</sup> Formulated and obtained from Nutritional Biochemicals, Cleveland, OH

#### APPENDIX E SERUM CALCIUM ANALYSIS

### Sample Collection and Procedure

Blood was obtained at decapitation of the laboratory rats by exsanguanation. The blood was collected in tubes, allowed to clot and centrifuged. Serum was drawn off using Pasteur glass pipettes, transferred to clean tubes, labeled, and frozen for future determination.

A protein-free filtrate was required for analysis of calcium. After thawing the serum samples at room temperature for one half-hour, precipitation of serum protein was accomplished as follows:

- (a) 9 ml 10% (w/v) trichloracetic acid (TCA) were delivered into labeled test tubes.
- (b) 1 ml serum from each well-mixed sample was pipetted into the TCA.
- (c) the solutions were mixed on a vortex mixer, allowed to stand for 10 minutes, and centrifuged 10 minutes at 2,500 rpm. This filtrate represented a 1→10 dilution of the serum samples.
- (d) 1 ml of the supernatant was diluted to 5 ml with 1% lanthanum. The dilution factor was  $10 \times 5 = 50$ .

<sup>1</sup> Fick et al., 1979

This procedure provided the appropriate serum calcium concentration for the reading of absorbance by the Perkin-Elmer 306 atomic absorption spectrophotometer (AAS), which has a linear working range of 7 ppm for calcium. Confirmation of the above is shown by the following calculation:

calcium concentration = 
$$\frac{\text{(ppm calcium expected for original sample)}}{\text{sample dilution}} \times \text{(ml sample)}$$

calcium concentration =  $\frac{\text{(100 ppm)} \times \text{(1 ml)}}{50 \text{ ml}}$ 

calcium concentration = 2 ppm.

Calcium standards of 0, 2, 3, 4, 5, and 7  $\mu$ g/ml were prepared in 100 ml volumetric flasks. The 1,000 ppm stock standard calcium solution was first diluted to 100 ppm. Each standard was made to contain 18 ml of 10% TCA to match the final dilution of serum and 16 ml of 5% lanthanum. Table E.1 lists the concentration and absorbance of the standards, as read by AAS.

TABLE E.1 SERUM CALCIUM STANDARDS

Standard	Readout	Calculated
µg/ml	Absorbance (A)	Slope (a)
0	.000	.000
2	.074	.037
3	.120	.040
4	.164	.041
5	.184	.037
7	.268	.038
5 7		

Calcium in the sample solutions was then measured for absorbance by AAS and concentration was calculated as mg/100 ml serum as follows:

sample ppm = 
$$\frac{\text{(absorbance)}}{\text{(slope)}} \times \frac{\text{(dilution factors)}}{\text{(sample weight)}}$$

This equation is derived from Beer's Law, which states that

A = abc

where

A = absorbance (optical density)

a = absorptivity or slope of the standard

b = length of the light path (always constant)

c = concentration

The absorbance reading was obtained from the machine. The slope was determined as an average of the slopes of the standards (a = A/c from Beer's Law). The slope used in calculations for samples was .0386, obtained from Table E.1.

Tables E.2 through E.5 contain serum calcium concentration values of the laboratory rats.

TABLE E.2 SERUM CALCIUM ANALYSIS DATA

Rat Diet Normal Date 2/16/82
Total Dilution 50 Technician R. Tesar

Sample	Readout		
ID	Absorbance	ppm	mg/100 ml
1	.100	129.5	13.0
2	.099	128.2	12.8
3	.096	124.4	12.4
4	.097	125.6	12.6
5	.097	125.6	12.6
1 2 3 4 5 6 7 8	.102	132.1	13.2
7	.102	132.1	13.2
	.082	106.2	10.6
9	.103	133.4	13.3
10	.067	86.8	8.7
11	.096	124.4	12.4
12			
13	.084	108.8	10.9
14			
15	.088	114.0	11.4
16	.092	119.2	11.9
17	.082	106.2	10.6
18	.088	114.0	11.4
19	.091	117.9	11.8
20	.092	119.2	11.9
21	.098	126.9	12.7
22	.030	120.5	12.7
23	.088	114.0	11.4
24	.093	120.5	12.1
25	.062	80.3	8.0
26	.074	95.9	9.6
27	.092	119.2	11.9
28	.070	90.7	
29	.068		9.1
30		88.1	8.8
	.068	88.1	8.8
31	.073	94.6	9.5
32	.087	112.7	11.3

TABLE E.3 SERUM CALCIUM ANALYSIS DATA

Rat DietCa	Date2/16,	/82
Total Dilution 50	Technician _	R. Tesar

C1			
Sample	Readout		/400 -
ID	Absorbance	ppm	mg/100 ml
1	.074	95.9	9.6
	.064	82.9	8.3
2 3	.068	88.1	8.8
4	.060	77.7	7.8
5	.074	95.9	9.6
6	.074	95.9	9.6
7	.064	82.9	8.3
8	.074	95.9	9.6
1a	.069	89.4	8.9
2a	.071	92.0	9.2
3a	.064	82.9	8.3
4a	.064	84.2	8.4
9	.082	106.2	10.6
10	.082	106.2	10.6
11	.076	98.4	9.8
12	.093	120.5	12.1
13	.076	98.4	9.8
14	.073	94.6	9.5
15	.076	98.4	9.8
16	.095	123.1	12.3
5a	.074	95.9	9.6
6a	.056	72.5	7.3
7a	.084	108.8	10.9
8a	.082	106.2	10.6
17	.077	99.7	9.9
18	.072	93.3	9.3
19	.071	92.0	9.2
20	.071	92.0	9.2
21			
22	.071	92.0	9.2
23	.068	88.1	8.8
24	.078	101.0	10.1
25	.071	92.0	9.2
26	.073	94.6	9.5
27	.065	84.2	8.4
28	.070	90.7	9.1
29	.073	94.6	9.5
30	.070	90.7	9.1
31	.070	90.7	9.1
32	.068	88.1	8.8

TABLE E.4 SERUM CALCIUM ANALYSIS DATA

Rat DietD	Date :	2/16/82	
Total Dilution 50	Technicia	an R.	Tesar

Sample	Readout		
ID	Absorbance	ppm	mg/100 ml
			· · · · · · · · · · · · · · · · · · ·
1	.080	103.6	10.4
2	.059	76.4	7.6
2 3 4	.065	84.2	8.4
	.065	84.2	8.4
5 6	.067	86.8	8.7
6	.077	99.7	10.0
7	.070	90.7	9.1
8	.068	88.1	8.8
9	.057	73.8	7.4
10	.047	60.9	6.1
11	.078	101.0	10.1
12	.076	98.4	9.8
13 ·	.082	106.2	10.6
14	.078	101.0	10.1
15	.079	102.3	10.2
16	.090	116.6	11.7
17	.079	102.3	10.2
18	.077	99.7	10.0
19	.066	85.5	8.6
20	.064	82.9	8.3
21	.073	94.6	9.5
22	.073	94.6	9.5
23	.061	79.0	7.9
24	.065	84.2	8.4
25	.082	106.2	10.6
26	.068	88.1	8.8
27	.079	102.3	10.2
28	.067	86.8	8.7
29	.064	82.9	8.3
30	.081	104.9	10.5
31	.072	93.3	9.3
32	.066	85.5	8.6

#### TABLE E.5 SERUM CALCIUM ANALYSIS DATA

Rat Diet \_\_Ca, \_D Date \_\_2/16/82 Total Dilution \_\_50 Technician \_\_R. Tesar

Sample	Readout		
ID	Absorbance	ppm	mg/100 ml
1	.059	76.4	7.6
2	.070	90.7	9.1
3	.071	92.0	9.2
4	.058	75.1	7.5
2 3 4 5 6	.057	73.8	7.4
6	.053	68.7	6.9
7	.072	93.3	9.3
8	.057	73.8	7.4
9	.053	68.7	6.9
10	.063	81.6	8.2
11	.079	102.3	10.2
12	.062	80.3	8.0
13	.057	73.8	7.4
14	.069	89.4	8.9
15	.065	84.2	8.4
16	.074	95.9	9.6
17	.031	40.2	4.0
18	.067	86.8	8.7
19	.043	55.7	5.6
20	.043	55.7	5.6
21	.031	40.2	4.0
22	.060	77.7	7.8
23	.036	46.6	4.7
24	.025	32.4	3.2
. 25	.055	71.2	
26	•055	/1•2	7.1
27	.038	49.2	4 0
28	.023	29.8	4.9
29	.031		3.0
30	.017	40.2	4.0
31	.023	22.0	2.2
32		29.8	3.0
32	.048	62.2	6.2

### APPENDIX F DENSITOMETRIC BONE ANALYSIS

#### Instrumentation and Procedure

A Norland Digital Bone Densitometer Model 278 (Norland Instruments, Ft. Atkinson, WI) was used to measure bone mineral content, bone width, and bone length in the excised, cleaned rat femur by direct photon absorptiometry. This technique measures the attenuation of a beam of gamma radiation by calcified tissue and is based on the concept that the mass of bone mineral present is directly proportional to the attenuation by bone (Sanchez et al., 1980).

The densitometer consisted of a scanner module and a computer module (Fig. F.1). The scanner transported a highly collimated beam of monoenergetic gamma rays from a radioactive sealed source of <sup>125</sup>I across the bone being measured. A 1/16" diameter detector collimator and a threshold setting of 85% were used to enhance accuracy. The computer module calculated the bone mineral content (BMC) and bone width (BW) values from the resulting absorption curve. These values and the bone profiles were displayed on the computer module screen. See Fig. F.2.

BMC and BW measurements were made at six distinct scan sites of the femoral bone, beginning at the edge of the

lesser trochanter (proximal end) and progressing to the widening of the distal end. Scans were made perpendicular to the bone axis.

The quantity measurement of BMC is a linear mass density of g/cm length of bone, an average linear density over the approximately 4 mm wide scan path. In terms of another explanation, BMC is the grams of mineral which would be obtained if a 1 cm thick crosswise slice were cut out of the bone and this slice were heated in a crucible to burn away all non-mineral material (Norland Corp., 1980).

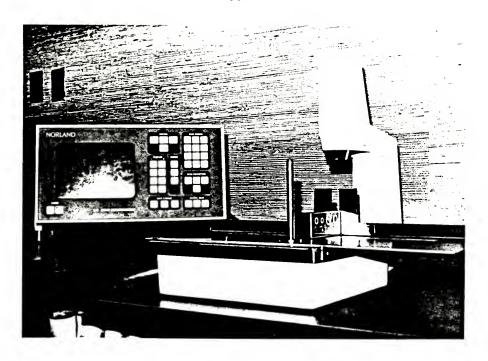
BW represents the distance in cm from one longitudinal edge of the bone to the other.

The value of BMC/BW, calculated by the computer module, provides a measurement of linear bone density in cm<sup>2</sup>. The entire depth of the bone, i.e., the distance from top surface to bottom surface of a bone lying flat, is included in this measurement. The BMC, BW, and BMC/BW values are recorded in Tables F.1 through F.4.

Bone lengths were measured by placing each of the bones in a longitudinal position along the scan path of the scanner module. Data on these lengths are recorded in Table F.5.

Fig. F.1 The Norland Digital Bone Densitometer, Model 278, with computer module at left. The densitometer scanner module transports a highly collimated beam of monenergetic gamma rays from a radioactive sealed source  $(^{125}\mathrm{I})$  across the bone to be measured. The computer module calculates the values from the resulting absorption curve and displays the results on the screen. A calibration standard is shown on the scanner deck.

Fig. F.2 Printout display of rat femur profile. Measurement results are BMC (bone mineral content-mass) expressed in grams per cm, BW (bone width) in cm, BMC/BW in grams per cm $^2$ .



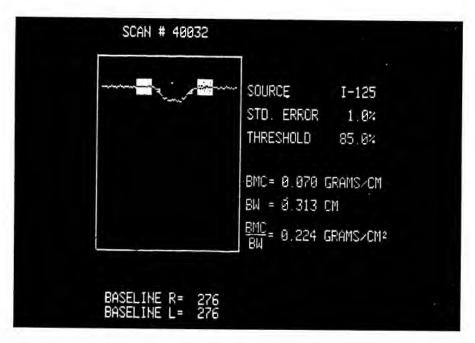


TABLE F.1
DENSITOMETRIC BONE ANALYSIS
3MC (g/cm) AND BMC/BW (g/cm<sup>2</sup>)

Bone Rat Femur Rat Diet Normal

Date 12/10/81 Technician R. Tesar

BMC/BW .257 .296 .299 .278 .294 .290 .308 .310 .267 .266 .256 .270 .275 .300 289 297 .271 BMC .113 .104 .105 .110 .114 .108 .114 .116 .187 .105 .115 .111 .113 BMC/BW .301 .304 .304 .280 .319 .301 321 306 291 301 303 307 281 291 317 300 306 298 .312 BMC .106 099 091 .100 .100 .103 .108 .106 .109 .108 760 .102 .110 .091 .102 BMC/BW .290 .352 .294 338 329 306 299 329 .299 .318 .309 .304 .305 .314 .313 317 BMC .100 .110 .109 .113 .103 .108 Measurement .093 100 .107 .106 .093 .101 .101 .097 .101 .091 , 105 BMC/BW ,318 324 360 273 .346 .300 .349 338 344 355 324 .345 .330 .294 .330 .336 .347 .327 .319 318 BMC .102 .104 .103 .106 .104 .109 .098 .107 .106 .105 .130 .114 .101 .103 .110 101 BMC/BW .342 .350 .335 .344 .370 .349 .358 .349 .353 .324 .302 .328 .344 .362 .339 .369 353 BMC .118 .102 .112 .113 .104 .132 .115 1119 1142 .110 102 .117 .108 .109 114 118 BMC/BW .334 .284 .318 340 309 322 356 372 .332 345.324.291 .272 273 .293 340 BMC .118 .126 .120 .117 .130 .115 .158 .130 .136 .139 .126 .122 .138 .124 .122 .125 Sample ΩI 4 10 132 15 16 17 17 19 20 22 23 24

TABLE F.1 Continued

	$\top$	_	1													
	9	BMC/BW		297		C87.	265		. 288	100	//7.	290		. 260	272	7/7.
		BMC		118		\ \ \ \ \	117	•	. 112	1001	000	106		. 118	110	-
	5	BMC/BW		299	, ,	007.	290	)	. 297	307		300		. 288	13/	۳ ۲
		BMC		. 115	1		107		. 110	103	2	106	,	<u>.</u>	113	
	4	BMC/BW		.310	210	0 7 .	. 296	, .	.344	737		.326		.33	307	
rement		BMC		111	106	•	.110		901.	200	•	.107		. 00	110	•
Measur	3	BMC/BW		.348	737	t' )	.317	•	. 3 2 4	350		.350	000	.309	. 333	)
		BMC		.110	108	•	.111	,	-	. 103		. 103	113	711.	. 114	
	2	BMC/BW		.329	328	0.40	.337	• 1. (	. 3.34	.384	) (	. 344	300	. 255	.332	1
		BMC		. 123	113		.115	110	•	.11		. 123	126	071.	.127	
	-	BMC/BW		.310	.207		.358	2 1 1	- 40.	.338		.30/	758		.321	
		BMC		.153	.142		.126	121	-	.120	,	. 134	136		. 144	
	Sample	ID		25	56	1 0	/7	38	0.7	29	Č	30	71	- (	32	

TABLE F.2
DENSITOMETRIC BONE ANALYSIS
BMC (g/cm) AND BMC/BW (g/cm<sup>2</sup>)

Bone Rat Femur Rat Diet -Ca

Date 12/10/81 Technician R. Tesar

BMC/BW .299 254 .282 .280 .281 .270 .265 .280 .256 .262 .228 292 245 250 235 235 .267 .232 BMC .100 960 .103 .106 .101 .096 .096 .105 .093 .098 960 .109 .105 .100 .108 BMC/BW .287 .290 269 263 257 291 BMC .098 .096 .099 .104 .109 .101 .107 .106 .108 .110 101 096. .112 .109 .106 .104 BMC/BW ,336 .318 .323 .320 .229 .329 .331 .331 .336 .336 .336 .336 322 299 .329 344 BMC Measurement 098 101. .107 .097 .105 .102 .112 .104 .112 107 104 103 BMC/BW 318 .283 .325 .333 .293 .329 .297 .332 .280 .342 .279 .293 .308 .298 .313 .344 314 BMC .096 .099 .101 .101.103.110 .104 .106 .118 .116 .105 .109 .105 .103 .101 10 BMC/BW .289 .292 .303 302 296 .103 .105 .112. .104 .115 .119 .119 BMC .112 .103 .109 107 .115 .108 111 112 BMC/BW 305 .298 .279 .291 .275 .308 .292 .279 .298 .250 .296 292 258 .302 297 262 259 283 304 BMC .116 .116 .119 .108 .125 .119 .128 .125 .106 .123 .113 .123 .136 .110 .122 .132 .123 Sample ID 4 9 7 8 1a 3a 3a 4a 4a 111 112 114 115 6a 6a

TABLE F.2 continued

BMC 117	1 BMC/BW	BMC 106	, <sup>1</sup> <sup>1</sup> <sup>1</sup>	BMC 105	3 BMC/BW BMC . 297 . 100	BMC 100	4 BMC/BW	BMC . 103	ω <sub>M</sub>	BMC .095	B BM
	.299	.105	.323	.104	.304	.101	.299	960.	.267	.098	.278
	.270	.109	.286	.104	.320	960.	.324				
	.291	.107	.330	.099	.325	.103	.336	.098	.291	.098	.279
	.312	.111	.339	.108	.303	.105	.311	.102	.298	.101	.115
129	.270	.112	.301	.109	.291	.107	.306	.108	.283	.099	.274
	.277	.112	.292	.105	.315	.101	.327	.093	.272		,
	.290	.103	.311	.104	.287	.100	.302	.102	. 287		
	.279	.115	.336	.110	.303	.109	.304	1111	. 295		
	.266	060.	.246	.071	.313	.092	.288	.105	.311	.105	.257
						.103	.317	.105	.279	.101	.268
	.307	.114	.314	.110	.314	.111	.328				
119	.282	.112	.269	.100	.286	.105	.284	.098	.283	.097	.245

TABLE F.3
DENSITOMETRIC BONE ANALYSIS
BMC (g/cm) AND BMC/BW (g/cm<sup>2</sup>)

Bone Rat Femur Rat Diet -D

Date 12/10/81 Technician R. Tesa

<u>X</u> R. Tesar Measurement

	9	BMC/BW		. 264	.260	. 296	. 282	. 228	.314	.282	.257	.245	. 249	. 261	249	. 227	216	. 255	. 264	.262	.250	.301	.290	274	295	294	.318
		BMC		.087	.083	115	.094	.089	980.	060.	.089	.097	.103	.091	.095	. 104	.091	089	.094	.095	.081	.102	101	.104	102	101	.109
	5	BMC/BW		.298	.301	.283	.273	.260	.290	.261	.273	.285	.278	. 295	.273	.259	. 283	.301	.295	. 293	.279	.310	.301	.286	. 292	.311	.328
		BMC		.084	.084	.086	.085	.087	.091	.087	980.	.093	.103	060.	.085	.104	060.	.089	.095	.092	980.	.103	.104	.106	. 105	104	.106
	4	BMC/BW		.292	.280	.274	.289	.254	.305	.353	.290	.276	.302	.284	.321	.273	.283	.278	.305	.290	.300	.323	.304	.319	.343	.319	.344
ement		BMC		060.	.087	980.	.089	.085	.094	.088	.091	.097	.097	.094	.088	.102	860.	.095	860.	.097	980.	.104	.108	.105	. 106	.108	.111
MedSur	3	BMC/BW		.342	.300	.307	. 299	.285	.329	.297	.326	.314	.299	.328	.310	.273	.316	.317	.332	.321	.312	.323	.322	.320	.360	.345	.350
		BMC		.092	.091	060.	960.	.092	.093	.093	.093	.101	.101	060.	.089	.111	.101	960.	.097	.101	.091	.108	.109	.110	.105	.109	.120
	7	BMC/BW		.346	.318	.319	.307	.331	.344	.344	.285	. 299	.314	.320	.339	.286	.313	.296	.310	.329	.325	.336	.341	.348	.368	.272	.343
		BMC		.106	.102	.097	660.	.097	960.	.103	.107	104	.100	.097	960.	.118	.105	.106	.106	109	.095	.117	.114	.123	.112	.123	.127
	-	BMC/BW	,	. 268	. 263	908.	.301	.260	.317	.324	.329	.281	.287	.283	.305	.281	.269	.307	.307	.286	.266	.312	.333	.328	.385	.302	.342
		BMC	;	. 114	.127	.114	.101	.113	104	171	- 1	114	.113	=	.112	.137	.118	.115	.119	135	.108	.123	129	.140	.119	131	.138
,	Sample	a	,	- (	7 (	· 11	<b>4</b> ' 1	υ,	۱ 0.	~ (	∞ α	, د	0 ;	Ξ:	12	13	4	15	16	7.	Σ,	19	20	21	7.7	23	24

Table F.3 continued

						Measur	ement					
Sample		1		2		3		4		5		9
ID	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW
25	.122	.362	.110	.341	.107	.318	. 103	.320	660.	309	102	276
26	.123	.378	.112	.365	.111	.329	111	366	103	364	110	986
27	123	314	114	25.4	100	0 4 6				# c		. 200
				r 1	•	0000	• •	. 295	. 100	.332	. 109	. 294
78	127	.318	. 113	.334	. 118	.318	.108	.314	.114	. 292	124	. 265
29	.130	.312	.115	.319	.108	308	107	345	103	327	100	270
3.0	132	317	112	3 1 12	110	770				. 100		0/7.
,	1			7.	-	***	. 108	.325	7   .	/87.	0 .	8/7.
٦	.136	.328	.119	.324	.110	. 296	. 111	.319	. 111	306	110	279
32	.138	. 295	.119	.346	.108	.334	.108	306	110	.271	.113	272

TABLE F.4
DENSITOMETRIC BONE ANALYSIS
BMC (g/cm) AND BMC/BW (g/cm<sup>2</sup>)

Bone Rat Femur Rat Diet -Ca, -D

Date 12/10/81 Technician R. Tesar

		ľ			Measurement	ement					
		:	7		٠,		4		rV.		9
BMC BMC/BW	3	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW
.102 .279	_	.101	.275	660.	.286	.093	.270	.091	.249	.092	. 239
•		.097	.287	060.	.294	.093	.256	060.	.241	.091	. 248
•	œ	.094	.304	.093	.311	.089	.265	.089	.259	.089	. 225
•	7	060.	.291	.085	.272	.088	. 260	.083	. 280	060.	. 238
•	9	060.	.315	.089	.303	.088	. 289	.087	.280	.092	.261
•	ω	.093	.317	.087	.304	980.	.299	.085	. 299	.094	.243
•		.101	.275	.097	.266	960.	.269	.095	.245	.094	.231
•	3	.089	.280	.083	.300	980.	.270	.080	.268	080	.237
•	_	.097	.272	660.	.287	.098	.263	.100	.248	.097	.212
•	3	.094	.280	.089	. 284	060.	.280	980.	.268	980.	.217
•	7	.105	.246	.100	.287	.105	.258	860.	.231	.093	.218
•	4	.104	.287	.103	.259	.103	.261	860.	.235	960.	.220
•	7	.093	.262	960.	.274	.095	.301	.093	.270	.093	.213
٠	က	.100	.314	.106	.279	860.	908.	.106	.191	.094	.278
•	0.0	.107	.255	.098	.274	.098	.286	.099	.248	.103	.221
•	9	.093	.260	.092	.278	.093	.292	.091	.286	.087	.269
•	_	.098	.278	.094	.297	960.	.280	.101	.283	.129	.312
•	99	.100	.287	.097	.283	.095	.250	.093	.238	.097	.253
•	74	.102	.313	.095	.291	.098	.303	.097	.285	.104	.279
•	6	.106	.274	960.	. 299	.094	.263	.093	.248	101	.246
•	2	.097	. 296	.094	.287	060.	.262	.087	.288	.094	.253
•	6	660.	.271	660.	.266	060.	.292	960.	.261	060.	.218
•	2	660.	.289	.093	.284	060.	.287	.095	.255	.094	.238
						.093	.271	.093	.275	.094	.249

Table F.4 continued

						Measur	rement					
Sample		1		2		3		4		5		9
ΙD	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW	BMC	BMC/BW
												7,
25	.110	.264	.102	.249	660.	.273	.089	.265	.095	.277	089	239
26								)	)		•	
27	.114	.248	.104	.269	.097	.267	.093	. 292	.091	.241	097	229
28	107	270	103	285	102	300		37.1		- (		
0 0	•		•		70.	. 430	. 100	. 6/3	701.	. 239	701.	. 232
59	.106	. 288	.103	.282	860.	.308	.103	. 252	.095	. 247	.098	218
30	.102	.264	660.	.281	.094	.297	.095	.277	097	264	103	234
31	.104	.256	.094	.289	.092	.309	089	304	.093	243	900	23.1
32	.102	.341	.100	.303	.101	. 282	.102	.297	101	279	000	241
									•		,	

# TABLE F.5 DENSITOMETRIC BONE ANALYSIS BONE LENGTH (cm)

Bone Rat Femur Collimator 1/16" Date 12/10/81Threshold 85% Technician R. Tesar

Sample ID Normal -Ca -D -Ca, -D 1 3.081 3.113 3.098 3.143 2 3.237 3.018 3.169 3.209 3 3.203 3.142 3.118 4 3.207 3.097 3.118 2.994 5 3.244 2.994 3.119 6 3.235 2.970 3.207 7 3.047 2.974 3.122 3.207 8 3.453 3.210 3.165 1 a 3.308 2a 3.076 3a 2.914 3.220 4a 9 3.370 10 3.457 3.097 3.205 11 3.301 3.197 12 3.487 3.118 13 3.563 3.234 3.292 14 3.581 3.316 3.297 15 3.518 3.130 3.123 3.364 16 3.609 3.260 3.235 5a 3.197 6 a 7a 8a 3.423 17 3.148 3.039 3.207 18 3.220 3.085 3.010 3.148 19 3.199 3.197 3.083 3.169 20 3.254 3.100 3.201 21 3.337 3.138 3.082 3.109 22 3.159 3.160 23 3.301 2.928 3.039 3.101 24 3.222 3.163 25 3.489 3.010 3.373 26 3.342 3.163 27 3.413 3.092 3.216 28 3.426 3.082 3.405 3.417 29 3.139 3.159 3.292 30 3.342 3.134 31 3.147 3.222 32 3.471 3.184 3.204

#### APPENDIX G BIOMECHANICAL TESTING

One femur from each rat was used in a biomechanical testing procedure (Puhl et al., 1972) to determine torque and deformation values at time of fracture. This testing procedure is based on a dynamic test, with load being applied very rapidly. More reliability of results is expected to be obtained than by use of static methods which would allow creep to occur in the molded ends of the bones.

In preparation, continually keeping the bones moist, both ends of each femur were embedded in soft, pliable methyl methacrylate, placed in a special mold, and allowed to harden.

After the bones were removed from the mold, they were individually mounted in the torsional testing machine shown in Fig.

G.1. The specimens were loaded to fracture in external torsion about their longitudinal axis. A torsional pendulum provided the load by engaging the bone midway in its free fall.

A coupled oscilloscope traced out a torque-deflection diagram as each bone was twisted to fracture. A permanent record of each torque-deflection trace was obtained by an electronically triggered camera. The photographs provided a means for determining the value of torque (kg-cm) and deformation, or twist angle (degrees), as shown by representations in Fig. G.2. Values are recorded in Tables G.1 through G.4.

Fig. G.1 The Rapid Loading Torsional Testing Machine, with the recording oscilloscope at left. The bone specimen is loaded in dynamic torsion between the headstock and tailstock of the machine, indicated by the arrow. Biomechanics Laboratory, University of Florida.

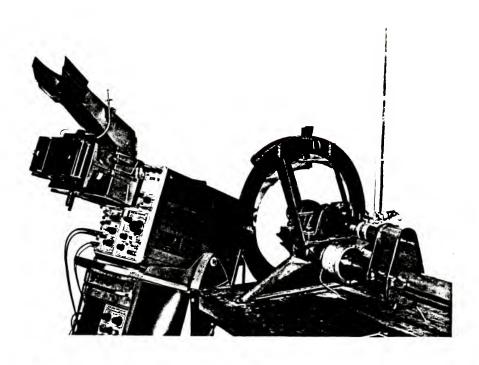
1. Normal Diet

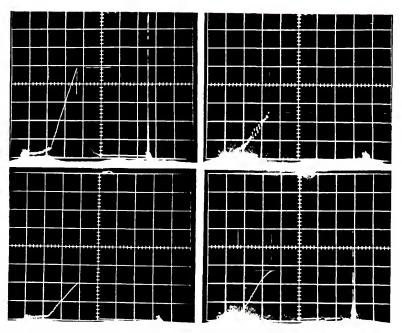
2. -Ca

3. -D

4. -Ca, -D

Fig. G.2 Representative torque - deflection curves. The horizontal scale is 10 degrees/division (deformation); the vertical scale is 1 kg force-cm/division (torque).





#### TABLE G.1 BIOMECHANICAL PROPERTIES

#### NORMAL DIET

Sample	Deformation	Torque
ID	(degrees)	(kg-cm)
1	22.0	3.6
2	6.9	1.8
3	13.5	4.5
4	15.5	3.0
2 3 4 5 6 7 8 9	17.5	4.2
6		
7	13.5	4.5
8	12.0	4.6
9	16.0	4.6
10	14.5	5.0
11	17.5	5.0
12		
13		
14	15.5	5.2
15	15.0	3.6
16	17.5	4.3
17		
18	14.0	3.5
19	14.0	3.7
20	11.0	3.5
21	13.0	4.4
22		
23		
24	12.5	4.2
25	14.0	4.2
26	15.5	4.8
27	15.0	5 <b>.</b> 1
28	15.0	3.8
29	16.0	3.7
30	17.0	4.2
31	16.5	5.1
32	19.0	4.8

### TABLE G.2 BIOMECHANICAL PROPERTIES

#### -CA DIET

Sample ID	Deformation (degrees)	Torque
10	(degrees)	(kg-cm)
1	15.0	2.4
2	13.5	3.0
2 3 4 5 6 7	12.0	2.4
4	17.0	2.4
5	12.5	2.2
6	21.0	3.0
7	17.5	2.2
8	16.0	2.6 2.7
1a	10.5	2.7
2a 3a	19.5 16.5	2.5 2.4
4a	20.5	2.1
9	22.5	2.5
10	18.5	1.8
11	16.5	2.1
12	14.5	2.4
13	16.0	3.3
14	23.5	2.6
15	13.5	3.0
16	21.5	2.4
5a		
6a		
7a	15.0	2 2
8a 17	15.0	2.3 2.5
18	19.0 23.0	2.2
19	12.5	2.4
20	12.5	2.4
21		
22		
23		
24	17.5	3.2
25		
26		
27		
28		
29		
30		
31 32	17.0	1 7
32	17.0	1.7

#### TABLE G.3 BIOMECHANICAL PROPERTIES

#### -D DIET

Sample	Deformation	Torque
IĎ	(degrees)	(kg-cm)
		(119 011)
1 2 3 4 5 6 7 8 9	12.0	2.2
2	15.5	2.6
3	21.0	2.8
4	13.5	3.1
5	15.5	2.7
6	15.5	1.5
7	23.0	3.0
8	20.0	3.0
9	14.0	3.2
10	17.5	4.0
11	. ,	4.0
12	17.0	2.1
13	16.0	3.6
14	25.0	3.2
15	16.0	2.4
16	15.0	3.0
17	17.0	3.6
18	14.0	2.7
19	16.5	2.8
20	19.0	3.8
21	14.0	2 9
22	16.0	2.9 2.9
23	17.0	2.6
24		2.0
25	17.5	2.6
26	23.0	2.6
27	21.0	2.4
28	10.5	2.4
29	15.5	3.0
30	16.5	3.2
31	13.5	3.2
32	16.0	1.7

# TABLE G.4 BIOMECHANICAL PROPERTIES

#### -CA, -D DIET

Sample	Deformation	Torque
ID	(degrees)	(kg-cm)
1	13.0	3.3
2	19.0	4.0
3	10.0	2.6
4	9.0	2.4
5	15.5	3.0
6	18.5	3.0
7		
8	16.0	3.1
1 2 3 4 5 6 7 8 9		
10	12.0	2.0
11	12.5	3.0
12	15.0	2.6
13	16.5	2.7
14	17.0	2.8
15	16.5	3.2
16		
17	12.0	3.2
18	14.0	3.6
19	14.0	3.0
20	13.5	3.3
21	14.0	3.3 2.8 3.5
22	13.0	3.5
23	14.0	3.3
24		
25	17.5	3.5
26		
27	17.0	2.8
28	15.0	3.6
29	18.0	2.6
30	14.5	3.0
31	17.0	3.4
32		5.1

#### APPENDIX H BONE ASH ANALYSIS

### Ashing Procedure 1

One femur from each rat was dried at 100°C for 24 hours. After cooling, each bone was wrapped in cloth and labeled. Fat was removed by the ether extraction in a Soxhlet extractor for 36 hours. After extraction, the bones were placed under a hood until the odor of ether was no longer detectable. The bone samples were then placed in an oven to dry at 100°C for 24 hours.

Clean, demineralized crucibles were placed in a drying oven (100°C) for two hours. The crucibles were removed from the oven and cooled in a dessicator for two hours. The crucibles were then weighed to four decimal places on a digital anlytical balance. While on the balance, a bone sample was weighed into each crucible.

Crucibles containing the dry samples were placed in a muffle furnace and the temperature (200°C to begin) was rasied 100° every hour until 550°C was reached. Ashing proceeded overnight. The crucibles were removed from the furnace after they cooled partially to an oven at 100°C. After one hour,

<sup>&</sup>lt;sup>1</sup>Fick et al., 1979

they were removed to dessicators to cool for two hours. The crucibles and bone ash were then weighed. The % ash of dry, fat-free bone was calculated for each sample. Recorded weights and % ash are found in Tables H.1 through H.4.

TABLE H.1 BONE ASHING ANALYSIS DATA

Diet No	Normal	<u> </u>	Date 3/5/82		Technician	R. Tesar	Ä
		Dry Wei	Weight		Ash	Weight	
Sample	Crucible	Crucible	Crucible	Sample	Crucible	1	
OI I	Number	Weight	+ Sample	Weight	+ Sample	Weight	& Ash
-	184	18.2898	18.6612	0.3714	18.5312	0.2414	65.00
2	2	28.3107	28.7312	0.4205	25.5832	0.2725	64 80
က	104	17.0868	۲.	0.3256	17.2990	0.2122	65.17
4	23	18.5401	18.8534	0.3133	18, 7397	0.1996	63 71
2	138	19.0462	19.4760	0.4298	19,3261	0.2799	65.12
9	12	51,6655	52.0592	ຕ	51.9306	0.2651	67 73
7	51	16.8971	17.2489	0.3518		0.2315	7
æ	536	78	43.2509	4.		. ~	66.22
0	201	255	17,5954	٣.	17.4702	) C	63.15
10	100	98	50.3968	4		10	64.34
1,	39	18.0128		۳,	18,2633	0.2505	64.78
1.5							•
13	33	23.5589	24.0029	0.4440	23.8343	0.2754	0
14	36	23,4544	.933	0.4790	23,7549	0.3005	7.7
15	4	18,9853	.349	•	19,2232	0.2379	
16	æ	14.9008	.345	•	15,1890	0.2882	. 4
17	153	18,6800	.908	•	18.8246	144	
18	2	$\sim$	43,7554	0.3336	43.6401	0.2183	) L
9 .	176	9.52	.919	•	19,7918	270	6.7
20	23	.915	24.2643		24,1386	223	. ~
21	19	17.8583	.324	0.4666	18.1623	304	65.15
77	,						
2.3	141	19.2044	19.6626	0.4582	19.4946	0.2902	63,33
7.4	37	17.8953	18,3231	0.4278	18 1715	0 2762	74 75

Table H. 1 continued

		Dry Weight	ght		Ash	Ash Weight	
Sample	Crucible	Crucible	Crucible	Sample	Crucible	Sample	
7	Number	Weight	+ Sample	Weight	+ Sample	Weight	& Ash
	19	23.5955	24 0299	0 4344	7000 66	0000	100
		0000	7770.17	***	7000.07	7907.0	00.34
	505	50.1260	50.5545	0.4285	50.4027	0.2767	64 57
	529	49.4547	49.9368	0.4821	49 7615	3068	79.59
	•				0-01-04	00000	00.00
	4	42.5948	43.0484	0.4536	42.8950	0.3002	66.18
	٣	17,0024	17,3338	0.3314	17, 2197	0 2173	7.
	61	15.4402	15 6788	7386	15 5000	0.11.0	
	29		•	•	7700.0	0.1.50	07.00
	165	17.6847	18,0507	0.3660	17,9355	0.2508	68 52

TABLE H.2 BONE ASHING ANALYSIS DATA

LI.			& Ash	61.92	62.30	61.71	63.04	58.84	61.19	64.42	59.21	60.47	61.63	61.79	59.03	59.23	58.01	56.54	59.00	63.44	60.54	60.47	56.50	55.07	58,16	60.10	58.69
R. Tesar	Weight	Sample	Weight	0.1965	0.1659	0.1802	0.1675	0.1734	0.1701	0.1177	0.1878	0.1744	0.1778	0.1947	0.1451	0.1604	0.1582	0.1691	0.1718	0.2122	0.1502	0.1678	0.1683	0.0825	0.1308	0.1881	0.1621
Technician	Ash	Crucible	+ Sample	18.3637	17.3751	18.5634	17.8325	47.2292	17,6597	18.7936	48.4254	50.4230	51.2468	23.3146	27.4059	17.8527	17,6235	49.8035	17.2721	18,3561	17.0361	17.6891	18,1607	15.8205	24.5824	19.3416	53.6235
1		Sample	Weight	0.3173	0.2663	0.2920	0.2657	0.2947	0.2780	0.1827	0.3172	0.2884	•	0.3151	0.2458	0.2708	0.2727	0.2991	•	٠,	0.2481		0.2979	0.1498	۲,	0.3130	0.2762
Date 3/5/82	ght		+ Sample	18.4845	17,4755	18,6752	17.9307	47.3505	17,7676	18.8586	48.5548		$\sim$	23,4350	27.5066	17,9631	17,7380	49,9335	17,3915	18.4784	17.1341	17,7988	18,2903	15.8878	24.6765	19,4665	53.7376
Ω	Dry Weight	Crucible	Weight	18,1672	17,2092	18.3832	17.6650	47.0558	17.4986	18.6759	48.2376	50.2486		23.1199	27.2608	17.6923	17.4653	49.6344	17,1003	18.1439	16.8860	17.5213	17.9924	15,7380	45	19,1535	53.4614
-Ca		Crucible	Number	23	144	20	204	400	200	179	28	2	409	31	25	20	15	33	30	54	9	206	56	6	32	129	œ
Diet		Sample	OI	-	7	က	4	2	9	7	œ	<b>1</b> a	2a	3a	<b>4</b> a	O	10	11	12	13	14	15	16	5a	6a	7a	8a

Table H.2 continued

_			1																			
		& Ash		29.62	61.62	62 17		04.0/	88 19	00.	61.88	64.67	63 17		20.60	61.05	62.48	60.09	20.00	07.70	63.45	60 72
Weight	-	Weight	0,000	0.18/6	0.1877	0.1719		0.1202	0 1622	770.0	0.1795	0.2034	0.1463	0 1 0	7.07.0	0.1/24	0.1332	0.1102	0.750		0.1434	0.1662
Ash	Crucible	+ Sample	7 3 6 6 9	20.3334	18.1884	18.5534	17 1151	# C #	17,2770	0,000	23.1849	43.0370	23.6524	19 2280		0166.01	18.0826	16.4306	48 2846	0.4	10.0249	21.0203
	Sample	Weight	0 3115	0.0	0.3046	0.2765	1876	•	0.2621		0.2301	0.3145	0.2316	0.3459	7000	1707.0	0.2132	0.1836	0.1209	0300	0.22.0	0.2737
ht	Crucible	+ Sample	50 4623	0704.00	18,3053	18,6580	17,2128		17,3769	23 20EE	62.62	43.1481	23,7377	19,3697	18 5018	0.00	18.1626	16.5040	48.3297	18 7075	0.01.01	21.1278
Dry Weight	Crucible	Weight	50 1478		18.0007	18,3815	17,0252		17.1148	23 0054	#C00.03	42.8336	23.5061	19.0238	18 2194	100	17.9494	16.3204	48.2088	18 4815	0 0	20.8541
	Crucible	Number	224	1 1	<u>~</u>	_	51		203	4	۲ (	m	34	172	29		10	14	512	2	1 (	193
	Sample	T OT	17		Ω :	19	20	21	22	23	) (	74	25	26	27	30	070	5.5	30	31	,	3.2

TABLE H.3 BONE ASHING ANALYSIS DATA

ы			& Ash	62.32	62.57	62.48	65,31	61.44	63.52	63.20	65.08	61.04	59,80	62.58	59.74	59.78	62.61	59.14	60.89	63.35	59.12	00.09	59,19	61.14	60.21	60,15	63.39
R. Tesar	Weight	Sample	Weight	0.2084	0.1834	0.1712	0.2318	0.2038	0.1947	0.2248	0.2160	0.2012	0.1961	0.1569	0.1604	0.2429	0.2066	0.1958	0.2247	0.2352	0.1795	0.2004	0.2049	0.2357	0.2182	0.1952	246
Technician	Ash	Crucible	+ Sample	43.2518	43.9653	18.8699	18.5987	17.0148	50.8755	24.3352	17.2037	16.6577	18.2424	17.9249	16.6560	49.5249	50,3894	17,1478	16.8294	28,9531	18.4091	18.7316	18,8086	17,3596	23.9924	18,3148	48.5644
		Sample	Weight	0.3344	0.2931	•	0.3549	•	•	•	•	•	•	•	•	0.4063	0.3300	0.3311	0.3690	۳,	۳.	0.3340	۳.	0.3840	۳,	.324	۳.
Date 3/5/82	ght	Crucible	+ Sample	43.3778	44.0750	18,9727	18.7218	17.1427	50.9873	24.4661	17,3196	16.7861	18.3742	18.0187	16.7641	•	50.5128	•	9	29.0893	18.5332	മ	18.9499	17.5079	24.1366	•	48.7070
Ω	Dry Weight	Crucible	Weight	43.0434	43.7819	18.6987	•	8.9	0	24.1104	16.9877	16.4565	18.0463		16.4956	49.2820	50.1828	16.9532	16.6047	28.7179	•	18.5312	18,6037	17.1239	23.7742	18.1196	48.3175
-D		Crucible	Number	5	-	145	2	15	53	30	49	თ	143	16	18	136	531	21	207	12	m	117	149	40	24	102	410
Diet		Sample	CI	-	7	က	4	ហ	9	7	œ	0	10		12	13	14	15	16	17	8	19	20	21	22	23	24

Table H.3 continued

		& Ash		60.18	58.60	00.00	59,16	67 69	04.70	62,11	62 10	07.70	62.79	60.37
Weight	Sample	Weight		0.1966	0 2221	777.0	0.2079	0 1332	7000	0.1931	0 2157	1617.0	0.2187	0.2204
Ash	Crucible	+ Sample		42.9511	16.4635		27.3870	18 0826	0700.0	18.9262	20 6948	0.00.01	28.1094	50,3985
	Sample	Weight	(	0.326/	0.3790		0.3514	0.2132		0.3109	0.3469		0.3483	0.3651
ht	Crucible	+ Sample	0	43.0812	16,6204	1	27.5305	18,1626	0 0 1 1 0	19.0440	20,8260		28.2390	50.5432
Dry Weight	Crucible	Weight		42.1343	16.2414	1201	18/1./2	17,9494	100101	18./33	20.4791	1	7068.77	50,1781
	Crucible	Number	o	0	10	13	2	151	300	202	205	ć	23	401
	Sample	ID	25	7	26	7.0	/ 7	28	20	63	30	7.1	- 0	32

TABLE H.4 BONE ASHING ANALYSIS DATA

ır			& Ash	61.80	62 37		61.96	61,95	61.07	62.18	63.28	60.05	59.35	57.96	59.71	57.30	60.45	60.81	64.07	62.48	62.35	62.26	63 30	61.14	50.0	61.15	2.5
R. Tesar	Weight	1	Weight	0.2024	•			0.2115	0.1768	0.0827		0.1619	0.1559	0.1799	0.1835	0.1695	0.1952	0.2306	0.1687	0.2391	0.2080	0.2414	0.2154	0.2041	0.1953	700	0.2004
Technician	Ash	Crucible	+ Sample	28.2198	_	19,9252	17.2658	18,8170	43.5736	2	18,1481		9.9	18.1726		51.8157		19.7446	18.5113			17.8069		8	4	25.6142	6
		Sample	Weight	0.3275	0.3298	0.3103	0.2821	0.3414	0.2895	0.1330	•	0.2678	•	•	0.3073	0.2958	0.3229	•	•	0.3827	0.3336	•	0.3403	0.3338	0.3292	32	0.3204
Date 3/5/82	Weight	Crucible	+ Sample	28.3449	17,1425	20.0467	17.3731	18.9469	3.6	$\sim$	18.2411	21,3970	16.7990	18,3031		•	•	19.8932		_	23.7334	17.9532	0.18	8.65	24.2511	25.7420	0.5
Q	Dry Wei	Crucible	Weight	28.0174	16.8127	19.7364	17.0910	18.6055	43.3968	52.6066	17,9878	21.1292	16.5363	17.9227	17,1807	51.6462	17.2939	19.5140	18.3426	•	23.3998	. 565	9.843	ω.		25.4091	
-Ca, -D		Crucible	Number	21								21				30				530	35	188	32	223	18	6	136
Diet		Sample	ID	-	7	m·	<b>5</b> * 1	۰ ک	ا 0	~ 0	<b>∞</b> (	υ,	0;	_ ;	7.5	<u>.</u>	<u>-</u> -	<u>ი</u> ,	<u>o</u> [	- 1	<u>8</u> -	<u> </u>	70	17	22	23	24

Table H.4 continued

		& Ash	6	59.39	60 03	00.00	59,82		24.60	61 67		59.82	63.24
Ash Weight	Sample	Weight	1000	7001.0	0 1010	0.0	0.2479	0000	0.002.0	0.1775		0.1681	0.1791
Ash	Crucible	+ Sample	17 9446	0446.74	18 3754	# O . O . O .	29.0672	17 4979	()(た・/-	28,2595		19.3713	16.8402
	Sample	Weight	78080	•	0.3204	1 1	0.4144	0.3366		0.2787	0,000	0.2810	0.2832
Int	Crucible	+ Sample	48.0678	•	18,5009	1 0	29.233/	17.6345	) (	28.3689	10 4042	19.4842	16.9443
Dry Weight	Crucible	Weight	47,7644		18,1805	2010	28.8193	17,2979	0000	28.0820	10 2022	19.2032	16.6611
	Crucible	Number	584		126	16	0-	28	•	4	121		25
,	Sample	GT	25	26	27	30	0 7	29	00	20	3,1	- (	3.2

## APPENDIX I MAST CELLS

## TABLE I.1 MAST CELL COUNT--VAGINAL TISSUE

#### NORMAL DIET

Rat			Section 3		
ID	1	2	3	4	5
1	6 1 3 6 2	5 4 5 3 4	14 3 5 2 5	19 8 2 6 6	2 2 3 9
2	5	11	10	7	8
	12	10	6	2	4
	5	5	4	6	2
	4	8	2	6	4
	4	6	6	9	2
3	4	6	5	4	3
	5	5	7	8	3
	8	14	8	3	2
	6	2	16	11	3
	21	17	3	21	13
4	6	3	1	3	5
	8	2	5	2	2
	4	3	8	3	2
	4	9	4	3	6
	4	7	2	4	4
5	6	9	3	9	12
	2	3	4	18	5
	6	9	13	16	9
	6	12	9	7	8
	28	11	2	10	24
6	2 3 1 11 2	4 7 6 7	11 2 5 3 5	3 3 4 5 4	6 1 8 3 2

Table I.1 continued

Rat			Section		
ID	1	2	3	4	5
7	6	4	9	5	13
	10	5	7	3	7
	10	9	5	12	12
	5	5	5	5	12
	3	9	2	9	7
8	5	7	6	4	5
	6	5	6	8	7
	12	8	8	3	8
	11	5	4	7	5
	6	3	7	7	6
	17	16	6	8	10
	11	9	7	5	4
	8	9	13	6	11
	13	4	5	8	8
	19	3	13	8	22
10	13	8	9	6	10
	16	6	9	14	7
	5	11	8	20	5
	7	5	4	6	7
	8	9	2	7	11
11	8	8	5	7	8
	11	5	9	6	6
	3	16	13	3	4
	5	7	8	6	8
	11	5	3	11	9
12					
13	3 8 3 5 6	4 5 6 9 6	6 10 7 8 6	11 19 9 12	8 18 12 12 19
14	2 9 0 5 2	0 3 4 0 1	2 0 2 0 0	2 0 0 0	0 0 0 0
15					
16	5	5	1	11	13
	2	6	3	9	11
	2	3	3	5	5
	4	1	3	6	6
	5	4	5	8	14

Table I.1 continued

Rat			Costis		
ID	1 1	2	Section 3	4	5
17	5 2 3 7 6	4 1 3 4	4 7 4 3 4	5 0 2 3 2	9 0 1 1 2
18	7 0 6 1 8	6 2 2 3 6	5 0 2 0 1	9 3 0 6 6	6 4 2 2 1
19	12 1 0 5 3	4 1 6 5 2	4 4 5 3 1	6 3 1 1 4	4 0 6 5
20	8 2 5 5 10	9 4 4 5 5	2 6 1 7 1	6 3 1 12 24	5 2 2 0 5
21	6 2 3 3 1	4 2 4 5 9	2 1 4 3 5	4 9 1 3 4	10 6 4 1 2
22					
23	6 2 1 7 3	12 7 7 4 4	4 2 3 2 4	4 1 4 3 2	3 . 6 . 3 . 2 . 2
24	5 7 11 8 8	8 7 6 7 2	3 4 5 4 7	9 2 6 5 2	6 8 3 3
25	8 0 0 3 2	6 4 0 4 2	15 8 4 2 2	3 0 6 0 8	12 4 2 7 3

Table I.1 continued

Rat			Section 3		
ID	1	2	3	4	5
26	11	4	2	2	6
	4	5	4	4	0
	5	5	3	1	1
	3	0	11	1	2
	9	1	0	4	5
27	8 0 2 3 12	11 1 1 3 6	3 3 1 1	4 4 0 2 1	6 9 4 7 4
28	4	4	2	8	5
	4	0	2	1	1
	1	3	1	10	1
	2	2	3	0	1
	8	6	2	5	5
29	4	9	8	4	6
	0	0	10	11	3
	1	2	10	0	0
	2	1	3	1	6
	4	0	3	2	7
30	1	2	3	4	2
	0	2	3	0	0
	0	0	2	0	0
	2	3	4	1	4
	1	1	5	2	1
31	4	9	3	10	16
	4	12	2	19	3
	1	5	0	8	11
	7	3	4	9	0
	7	5	1	3	3
32	11	9	6	8	6
	2	7	2	6	2
	4	1	7	2	5
	2	2	7	1	6
	5	3	2	10	9

TABLE I.2
MAST CELL COUNT--VAGINAL TISSUE

-CA DIET

Rat	Section				
ID	1	2	Section 3	4	5
1	5 0 0 5 2	4 1 0 0	1 1 0 1 0	5 1 3 0 6	3 0 3 1 3
2	13 0 4 2 1	0 10 5 2 21	3 11 2 5 1	3 3 5 22 10	3 4 17 4
3	1 1 3 0	3 2 0 3 3	1 1 2 1 2	3 5 2 1 2	1 0 0 4 15
4	6	7	7	8	2
	3	10	3	4	3
	8	3	1	3	10
	9	3	3	6	5
	5	4	3	6	4
5	3	3	2	2	4
	0	4	2	2	3
	0	3	3	0	8
	2	22	· 5	5	2
	5	13	8	27	1
6	5	3	6	5	2
	2	1	3	8	3
	8	1	6	2	5
	2	8	3	5	10
	7	2	6	4	2
7	2	6	5	2	4
	1	5	6	10	1
	7	4	6	10	8
	4	11	5	6	7
	8	6	7	6	4
8	0	2	0	1	0
	2	2	3	8	2
	5	2	3	1	1
	1	3	2	6	4
	0	0	6	4	2

Table I.2 continued

Rat			Section		
ID	1	2	3	4	5
1a	7	3	2	2	2
	10	8	7	2	4
	4	10	1	7	1
	3	3	12	2	1
	3	8	14	6	4
2a	6	4	2	1	4
	0	2	4	3	3
	5	0	2	3	4
	1	0	1	1	1
	1 1	2	5	1	6
3a	5	7	7	2	4
	1	7	13	4	7
	7	3	5	1	1
	8	4	4	3	4
	7	4	3	3	3
4 a	12	6	2	5	4
	5	7	9	4	3
	6	4	2	8	1
	3	6	8	3	5
	9	3	11	6	4
9	14 4 3 7 5	5 8 7 11 3	8 10 8 8	4 2 2 7 4	4 4 3 3 2
10	5	6	4	7	5
	6	5	8	12	12
	5	3	6	4	4
	4	6	4	3	5
	5	2	2	2	2
11	5	10	7	5	8
	8	5	6	4	12
	7	5	3	5	10
	9	10	3	5	6
	5	4	2	4	4
12	9 9 7 5 2	6 3 12 9 8	7 10 8 6 19	4 6 13 13	19 11 28 3 11

Table I.2 continued

Rat			Section		
ID	1	2	3	4	5
13	7	3	4	8	5
	6	5	3	6	8
	5	7	4	7	7
	4	4	3	9	0
	7	12	10	8	11
14	9	3	9	4	5
	13	12	13	2	22
	9	16	12	9	9
	6	· 7	10	19	10
	3	11	6	10	10
15	5	5	6	7	9
	5	7	13	10	3
	4	5	3	3	4
	4	7	6	8	7
	6	5	9	5	4
16	5	5	8	7	7
	3	7	10	6	10
	6	12	10	4	10
	11	4	8	10	16
	6	4	9	3	13
5 <b>a</b>	11	<b>4</b>	11	9	11
	5	5	5	6	8
	12	5	6	5	4
	8	6	8	10	7
	10	9	28	12	6
6 a	15	9	9	6	5
	14	7	5	5	6
	6	5	11	7	7
	5	3	7	9	14
	9	6	8	4	4
7a	18	61	14	13	16
	15	37	5	19	10
	19	25	6	8	27
	16	36	33	13	15
	26	28	34	11	8
8 a	8	5	4	33	7
	5	7	4	18	3
	3	3	3	8	8
	6	6	10	6	10
	28	6	17	5	18

Table I.2 continued

Rat			Section		-
ID	1	2	3	4	5
17	5	6	7	2	6
	3	1	2	2	2
	4	3	3	6	4
	0	4	4	2	3
	2	2	1	3	4
18	9	7	2	4	12
	6	1	0	3	5
	3	4	0	2	2
	2	2	0	9	5
	3	3	1	3	3
19	5 0 3 1 0	4 0 0 2 0	4 1 1 2 1	3 2 1 0	1 0 2 2 4
20	6	7	4	6	3
	2	0	2	1	0
	3	1	2	3	2
	1	2	4	0	3
	2	0	3	2	0
21	4	2	6	1	5
	5	3	1	6	1
	1	1	6	5	5
	3	3	2	0	4
	6	2	5	4	2
22					
23	17 0 3 0 1	5 2 5 7 6	5 0 2 4 5	5 5 1 1	6 7 5 1 4
24	1	4	7	5	4
	3	2	3	1	4
	1	2	1	2	4
	4	2	3	3	1
	3	1	2	1	2

Table I.2 continued

Rat			Section		
ID	1	2	3	4	5
25	5	6	1	3	1
	1	0	7	6	3
	2	2	0	3	4
	1	6	4	0	1
	1	3	3	2	2
26	5	4	6	6	6
	4	2	2	2	2
	2	1	1	6	3
	0	0	5	5	2
	3	1	0	0	4
27					
28	4	14	17	4	5
	4	0	0	1	3
	3	8	5	2	3
	3	2	0	6	2
	6	3	2	4	5
29	7	3	5	6	3
	4	5	4	1	4
	7	7	0	1	2
	5	3	5	5	6
	3	5	2	3	6
30	5 0 0 1 1	5 1 1 2 1	2 2 0 4 1	1 1 0 0	8 1 8 2 1
31	5	4	7	2	8
	5	3	3	2	1
	1	5	3	1	0
	0	1	12	0	2
	2	0	5	2	1
32	6 1 1 6 3	2 0 4 2 2	3 0 3 5 2	9 1 0 2	5 5 4 5 2

TABLE I.3
MAST CELL COUNT--VAGINAL TISSUE

-D DIET

Rat ID			Section		
ID	1	2	3	4	5
1	10 5 10 14 7	4 14 5 6	6 7 6 7 7	5 4 7 4 8	6 4 6 4 3
2	8	6	19	6	16
	17	4	4	21	13
	17	5	4	12	35
	21	6	33	4	4
	16	4	32	20	5
3	3 3 4 5	5 8 2 5 6	5 5 3 2 4	6 6 6 4 0	4 5 3 6 8
4	8	5	3	3	9
	5	10	2	3	10
	4	6	13	4	3
	6	3	2	8	5
	4	4	1	7	5
5	5	6	13	24	16
	10	11	7	9	9
	8	9	5	4	5
	5	4	13	2	7
	9	6	3	13	3
6	6 6 8 6	7 11 6 15 13	11 10 15 1	12 10 5 5	10 5 2 26 2
7	4	9	7	5	6
	6	2	10	2	5
	2	4	5	5	7
	2	6	4	11	3
	3	7	4	5	2
8	7	8	7	5	4
	13	2	3	7	5
	6	6	3	3	5
	5	6	2	5	2
	6	2	3	4	4

Table I.3 continued

Rat	-		Section		
ID	1	2	Section 3	4	5
9	42	8	4	5	8
	9	5	5	10	2
	4	4	4	17	9
	6	5	5	6	22
	4	12	3	7	21
10	4	4	5	5	6
	3	6	8	4	4
	12	10	8	6	4
	4	8	5	8	3
	4	4	5	8	7
11	3	3	6	6	4
	3	3	8	7	4
	4	2	4	5	7
	1	2	8	2	5
	4	7	5	9	2
12	6	4	2	4	5
	2	3	5	17	5
	2	4	4	5	9
	3	3	4	3	3
	4	3	5	3	2
13	3	3	3	13	9
	2	4	6	6	7
	3	3	7	8	8
	3	3	7	10	5
	2	3	4	6	4
14	25 16 8 3 3	5 2 1 2	5 2 2 4 1	31 3 9 2 5	7 4 11 5 2
15	2	5	3	5	1 0
	8	3	4	8	3
	7	4	5	1	4
	10	5	3	4	6
	3	4	3	4	6
16	6	6	11	17	5
	6	5	6	11	6
	9	4	7	5	4
	5	5	7	5	3
	4	10	8	6	3

Table I.3 continued

Rat			Section		
ID	1	2	3	4	5
17	5	10	2	4	5
	0	2	2	2	0
	2	3	3	6	7
	3	7	5	5	3
	1	5	5	4	4
18	10	5	3	9	4
	5	0	1	7	3
	0	8	3	3	9
	1	3	8	11	1
	4	3	1	18	2
19	11	10	3	6	3
	9	8	3	5	4
	4	4	4	6	4
	7	3	8	5	0
	5	11	3	4	5
20	11	2	12	7	3
	5	3	0	13	6
	4	1	6	6	5
	3	0	2	1	4
	3	8	8	45	3
21	4	6	8	4	6
	4	2	7	5	7
	3	5	5	0	3
	3	4	8	4	5
	7	2	2	1	2
22	42	5	18	21	11
	8	1	5	8	6
	6	7	1	52	6
	42	17	1	24	24
	40	25	4	81	8
23	3	9	5	4	16
	0	0	2	7	6
	5	0	3	3	5
	0	3	5	2	7
	3	2	0	3	1
24	1	4	5	12	5
	1	3	0	7	5
	14	1	4	0	6
	7	3	6	1	3
	3	2	2	3	0

Table I.3 continued

Rat	Section				
ID	1	2	3	4	5
25	11	3	0	9	6
	2	11	0	12	8
	1	0	5	4	1
	5	5	2	2	1
	6	10	2	4	3
26	13	7	27	15	12
	66	7	15	2	11
	16	25	26	4	10
	37	44	6	7	4
	16	34	13	9	15
27	10	43	13	12	5
	7	11	7	13	16
	5	14	9	13	29
	3	26	5	16	9
	8	23	21	15	11
28	4	5	3	8	7
	5	3	4	7	10
	2	3	7	10	4
	9	3	2	9	8
	13	7	7	7	5
29	19	19	12	8	4
	6	3	3	6	14
	9	4	7	4	12
	6	7	1	3	8
	3	2	0	10	5
30	12	2	11	3	3
	3	9	4	6	5
	1	4	7	6	9
	4	7	8	7	12
	9	8	14	3	1
31	7	11	6	8	13
	4	6	5	2	1
	4	13	6	4	12
	10	6	7	8	21
	2	11	8	5	9
32	16	17	11	4	3
	9	7	18	5	1 1
	6	3	5	5	4
	1	2	6	8	8
	9	25	7	10	2

TABLE I.4
MAST CELL COUNT--VAGINAL TISSUE

-CA, -D DIET

Rat			Section		
ID	1	2	3	4	5
1	1	5	3	5	8
	4	6	4	6	7
	7	4	8	3	4
	2	2	3	5	7
	10	10	2	4	6
2	4	6	7	12	5
	6	4	8	5	4
	10	11	7	7	2
	9	3	6	4	3
	5	5	10	3	3
3	4	5	2	6	6
	7	3	10	3	4
	6	5	6	2	7
	5	5	10	3	6
	7	7	5	2	8
4	3	2	4	7	6
	6	4	1	7	3
	2	5	5	4	3
	4	6	5	3	2
	5	2	3	10	5
5	4	5	6	11	6
	11	4	7	9	5
	7	6	3	10	12
	23	6	18	5	2
	12	3	4	7	12
6	3	9	7	2	2
	5	3	2	17	16
	13	2	8	6	12
	11	9	3	4	6
	8	13	12	16	6
7	8	3	5	9	6
	6	3	7	2	3
	12	1	7	20	3
	5	1	4	6	15
	5	7	5	7	4
8	9	7	5	4	7
	3	11	3	3	7
	6	8	3	38	6
	10	12	8	28	8
	3	5	4	5	5

Table I.4 continued

Rat			Section	······································	
ID	1	2	3	4	5
9	6 12 5 10	6 3 3 9 7	4 6 15 3 8	7 5 5 4 10	9 11 6 9 8
10	6	5	6	6	14
	3	4	5	5	5
	7	9	3	9	2
	5	14	3	14	2
	6	12	9	6	9
11	13	17	9	7	14
	24	21	6	15	8
	28	24	6	6	5
	8	5	21	5	14
	5	9	4	11	7
12	10	6	4	4	8
	7	4	12	10	11
	5	7	13	7	6
	5	6	5	7	4
	7	7	5	10	12
13	5	8	15	18	10
	8	6	5	3	7
	5	3	7	6	4
	3	4	2	8	14
	4	5	9	10	4
14	19	3	6	4	40
	4	9	11	4	36
	5	4	42	8	15
	9	11	17	3	8
	4	6	31	13	20
15	15	11	15	12	17
	39	14	6	11	22
	33	6	24	10	20
	7	8	14	4	12
	10	12	5	8	4
16	5	4	14	7	6
	4	5	12	5	7
	8	4	13	5	8
	12	2	3	6	6
	12	6	9	5	7

Table I.4 continued

Rat	Section				
ID	1	2	3	4	5
17	7	5	6	3	4
	7	4	5	3	0
	5	6	4	2	1
	8	4	8	0	4
	5	5	6	9	1
18	4 16 11 8 8	3 4 14 16 4	11 15 8 8	4 6 11 10 2	7 3 0 13 4
19	2 6 2 7 2	4 3 1 2 3	5 1 4 4 2	4 0 0 0 0 5	1 3 2 2 2
20	4	5	12	1	2
	1	1	2	4	3
	2	3	9	0	7
	1	2	4	6	1
	3	5	2	0	1
21	12	7	26	13	6
	2	0	21	0	1
	3	1	2	0	2
	1	0	0	1	2
	0	4	3	3	2
22	2	6	1	4	1
	2	0	1	3	5
	1	2	2	4	1
	6	1	4	5	0
	2	2	6	2	2
23	5 4 1 5	3 2 1 2 0	4 2 6 2 1	5 0 0 1 1	3 0 3 3 3
24	4	7	12	14	9
	2	5	4	11	8
	1	0	5	3	6
	8	7	8	11	8
	3	2	2	7	5

Table I.4 continued

Rat	Section					
ID	1	2	3	4	5	
25	4	7	10	11	7	
	4	12	6	6	5	
	2	3	0	4	5	
	1	5	2	5	4	
	6	4	3	7	5	
26						
27	3	13	6	6	3	
	5	8	5	4	4	
	7	2	9	4	1	
	0	10	1	5	2	
	2	5	0	3	3	
28	3 3 2 1	9 5 2 4 8	4 3 2 7 3	1 1 1 2 1 1	2 9 4 8 7	
29	27	4	4	7	0	
	5	1	2	1	0	
	2	1	3	2	0	
	2	1	0	0	1	
	1	2	2	4	1	
30	12	6	9	11	8	
	8	8	9	3	5	
	3	7	4	5	5	
	17	4	9	7	2	
	16	7	2	0	4	
31	1	5	3	3	5	
	4	1	1	2	3	
	0	1	1	4	7	
	3	4	9	3	1	
	5	1	4	4	2	
32	4 7 5 6 9	6 7 8 13 4	11 8 3 1 2	15 6 2 5 4	4 5 3 5	

## TABLE I.5 MAST CELL COUNT--BONE MARROW

#### NORMAL DIET

Rat	Section				
ID	1	2	Section 3	4	5
1	24 29 3 6 0	1 0 0 0 33	1 1 0 0	6 1 0 0	0 0 0 1
2	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
3	21	22	22	35	92
	7	5	10	42	62
	11	32	17	57	103
	17	14	40	49	38
	31	19	16	52	25
4	0 0 0 0	0 0 0 2 0	0 0 0 0 4	3 0 4 0 0	2 5 4 0 0
5	36	31	23	26	34
	39	27	24	31	32
	42	22	22	32	17
	28	20	6	31	34
	39	23	0	34	15
6	10	3	0	32	36
	39	8	2	10	11
	6	12	0	21	2
	8	7	18	28	18
	0	19	46	38	17
7	0	5	15	15	4
	0	8	2	9	5
	0	11	21	8	5
	0	12	14	12	5
	26	5	17	0	12
8	109	27	49	82	33
	64	58	29	101	13
	56	33	9	107	16
	78	18	11	92	15
	73	21	32	47	7

Table I.5 continued

Rat			Section		
ID	1	2	3	4	5
9	5 3 0 2 2	0 4 6 4 3	0 0 0 4 2	0 0 0 0	1 2 0 0
10	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
11	41	54	15	32	31
	18	48	15	22	23
	37	101	41	17	29
	10	52	30	14	34
	14	37	26	33	15
12					
13	0 0 9 0	0 7 2 3 2	8 10 11 4 1	20 14 4 9 21	26 13 15 9 6
14	64	88	40	42	33
	36	67	27	32	58
	53	49	24	48	60
	40	53	31	36	25
	66	76	42	55	45
15	25	14	10	16	6
	9	10	14	5	11
	11	3	8	9	5
	23	9	9	20	16
	17	10	5	18	11
16	2	11	2	3	5
	3	4	4	9	13
	5	8	9	14	10
	2	8	4	0	32
	2	12	0	5	18

Table I.5 continued

Rat			Section		
ID	1	2	3	4	5
17	48	75	26	27	91
	41	80	16	33	62
	57	65	26	26	75
	84	56	24	20	83
	102	66	37	29	28
18	32	31	20	33	68
	21	21	21	32	24
	35	23	13	25	63
	21	27	19	26	70
	15	27	34	34	57
19	32	53	52	104	61
	55	111	83	126	85
	68	101	70	50	23
	47	54	100	78	62
	93	47	96	142	54
20	52	29	59	43	41
	62	39	80	34	38
	32	56	50	22	30
	29	76	20	17	34
	20	63	50	39	42
21	45	37	13	52	51
	60	49	21	59	66
	43	33	37	43	29
	64	32	20	38	48
	38	38	38	37	55
22					
23	84	117	103	112	168
	105	137	90	77	89
	97	142	99	71	132
	91	102	117	90	90
	62	120	118	109	52
24	64	31	39	35	45
	41	34	41	29	43
	53	26	28	47	38
	36	48	32	17	39
	21	52	35	14	31

Table I.5 continued

Rat			Section		
ID	1	2	3	4	5
25	47	35	25	32	66
	42	24	37	39	48
	36	27	23	22	58
	25	33	33	17	68
	72	33	19	26	49
26	41	45	52	26	28
	40	31	28	29	26
	63	30	40	35	24
	51	15	38	11	25
	34	30	58	32	34
27	60 41 25 30 37	34 21 22 12	18 16 17 27 15	32 8 14 11	23 28 21 15 20
28	18	38	40	42	54
	31	29	34	34	25
	60	39	41	36	21
	37	39	60	40	17
	33	27	49	40	18
29	8	12	9	78	47
	16	22	14	46	42
	23	15	29	44	40
	17	10	16	50	56
	21	32	22	28	51
30	41	15	18	18	16
	24	11	10	31	23
	18	27	26	21	19
	34	19	25	24	32
	20	28	43	22	24
31	59	56	78	33	36
	51	29	67	120	24
	42	47	49	59	72
	60	72	26	58	48
	59	46	57	52	35
32	57	20	23	34	22
	84	13	32	21	13
	25	18	37	16	36
	33	23	54	31	12
	13	22	59	26	20

## TABLE I.6 MAST CELL COUNT--BONE MARROW

-CA DIET

Rat			Section		
ID	1 1	2	3	4	5
1	20 35 20 20 68	2 0 0 0	24 9 10 21 11	45 44 42 21 14	8 21 15 52 12
2	40	44	32	43	30
	25	43	48	56	17
	47	42	47	53	17
	32	34	50	51	21
	47	48	61	45	34
3	2	29	13	42	46
	4	27	18	17	10
	35	40	18	17	20
	29	20	23	22	22
	17	27	27	16	28
4	31	41	42	15	43
	25	71	44	27	32
	51	57	52	35	31
	23	85	75	15	35
	42	56	32	36	41
5	23	22	11	20	20
	15	17	21	16	29
	27	13	9	33	20
	26	25	21	18	14
	21	9	22	17	15
6	28 24 38 45 78	96 63 64 77 33			
7	28	26	21	24	17
	27	32	18	23	44
	34	27	27	25	26
	21	31	14	26	17
	33	20	16	26	25
8	24	13	26	29	36
	12	12	20	27	21
	14	9	32	7	9
	9	20	33	16	11
	8	7	20	8	24

Table I.6 continued

Rat	<u> </u>		Section		
ID	1	2	3	4	5
1a	17 21 31 20 18	16 33 41 32 26	12 21 26 32 37	24 25 23 17 25	26 12 21 24 26
2a	37 23 31 20 20	13 17 30 30 28	33 22 18 28 22	14 17 15 15	12 53 19 15 14
3 a	25 13 15 11 8	8 5 3 1	3 4 0 10 9	2 3 1 5 4	15 2 14 1 7
4 a	16 21 1 13 19	16 14 36 28 25	19 5 17 24 24	30 18 9 19 15	30 29 20 17 20
9	36 30 24 33 17	22 23 39 27 24	33 30 53 52 26	32 36 35 27 39	30 40 23 55 47
10	29 24 26 27 17	37 11 25 12 22	40 39 41 32 16	21 16 19 13 16	15 12 19 18
11	10 12 5 10 5	4 6 6 3 0	17 9 9 13 6	6 4 8 9	8 4 3 2 2
12	18 9 7 22 22	16 17 7 17 28	29 12 19 29 14	26 21 12 27 27	10 14 44 15 31

Table I.6 continued

Rat			Section		
ID	1	2	3	4	5
13					
14	49	26	18	27	37
	41	28	60	10	25
	25	64	30	6	13
	55	27	33	51	30
	21	22	20	28	16
15	12	33	18	20	10
	1	28	12 .	23	12
	4	13	9	5	16
	3	1	5	18	10
	2	6	17	24	19
16	7	13	26	0	16
	9	16	2	15	0
	8	10	8	12	5
	15	8	9	8	11
	11	19	12	16	6
5a	14 18 16 11	7 0 4 13 9	18 12 11 15 16	32 24 12 48 17	7 5 2 0 4
6a	0	20	18	21	15
	16	20	17	18	8
	6	16	12	21	7
	24	26	12	38	8
	30	20	20	46	17
7a	21	14	26	18	21
	19	13	42	47	19
	20	15	20	31	36
	13	18	34	20	33
	27	20	26	18	25
8a	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0

Table I.6 continued

Rat			Section		
ID	1	2	3	4	5
17	52	33	50	29	21
	41	34	44	31	42
	18	32	50	46	64
	31	24	25	41	61
	29	29	23	54	31
18	60	34	25	54	37
	19	52	43	26	32
	15	34	21	21	28
	42	40	26	18	22
	48	26	23	22	28
19	46	40	45	43	23
	21	32	44	25	16
	39	63	33	46	16
	50	46	27	27	32
	27	43	57	44	28
20	27	51	38	61	49
	18	54	41	88	42
	37	40	51	31	31
	39	53	43	36	39
	24	66	37	33	36
21					
22	71	63	17	20	20
	51	20	12	61	23
	32	18	18	23	21
	29	19	24	27	25
	21	22	36	21	20
23	29	33	22	38	41
	11	26	36	21	22
	16	17	17	20	19
	23	22	17	33	24
	16	12	23	21	25
24	17 9 7 9 6	38 11 8 12 10	21 15 7 16 15	19 12 5 9	19 39 61 17 13

Table I.6 continued

Rat			Section		
ID	1	2	3	4	5
25	51	30	27	26	33
	20	50	26	14	22
	25	24	30	16	8
	15	8	16	33	35
	25	21	27	15	18
26	62	54	68	70	71
	57	106	87	61	40
	43	52	48	40	41
	53	54	51	53	49
	45	71	55	29	49
27	12	8	29	37	58
	10	4	12	21	32
	8	15	16	31	20
	20	10	26	12	54
	21	14	24	15	11
28	58	19	25	41	27
	49	18	25	25	18
	40	17	19	25	40
	31	23	22	29	18
	26	31	33	24	38
29	25	9	21	22	9
	9	12	17	19	7
	17	10	11	17	11
	13	35	17	21	10
	15	19	10	6	11
30	31	39	23	21	14
	5	20	25	32	30
	37	31	31	33	42
	30	28	21	48	35
	39	30	36	26	57
31	26	34	16	60	41
	39	30	28	49	30
	35	36	26	23	27
	33	25	17	29	18
	49	25	31	33	35
32	43	53	26	28	34
	38	44	23	22	19
	24	34	49	61	28
	20	37	49	26	21
	25	35	30	22	64

## TABLE I.7 MAST CELL COUNT--BONE MARROW

-D DIET

Rat	<u> </u>		Section		
ID	1	2	3	4	5
1	0	36	16	22	38
	0	37	44	20	90
	4	21	18	23	34
	75	60	65	15	24
	77	32	29	30	38
2	16	23	17	31	47
	6	38	45	22	32
	12	26	35	18	13
	14	23	39	11	58
	34	44	21	23	38
3	23	63	41	51	19
	37	58	42	72	24
	46	21	46	57	15
	67	38	19	80	22
	27	52	16	14	44
4	19	17 4			
5	52	26	24	24	34
	31	31	29	39	20
	26	44	51	46	28
	20	70	47	39	51
	20	66	64	27	59
6	15	34	8	31	5
	15	20	19	32	26
	18	13	48	32	18
	28	14	13	27	17
	18	7	35	26	19
7					
8	2	10	15	56	10
	3	8	26	15	40
	8	6	29	6	10
	33	12	21	10	13
	24	16	17	7	26

Table I.7 continued

Rat			Section		
ID	1	2	3	4	5
9	65 84 31 54 41	16 29 32 60 44	52 56 47 46 42	56 24 86 68 44	32 80 54 37 58
10	133 63 92 52 101	95 88 86 42 69	55 83 57 112 90	93 76 113 101 70	74 85 94 104 116
	36 42 14 18 35	37 39 37 16 32	20 18 16 21 16	37 24 35 18 15	
12	58 26 52 38 42	30 21 16 39 42	39 39 32 26 48		
13	36 46 43 63 38	70 17 56 86 56	22 16 22 30 36	62 22 53 76 30	44 27 48 32
14	50 99 79 79 58	83 72 67 72 90			
15	6 36 24 20 17	20 20 14 7 2	5 13 30 24 5	31 28 26 19 10	31 33 26 12 22

Table I.7 continued

Rat			Section		
ID	1	2	3	4	5
17	45	0	36	12	5
	18	0	42	0	34
	8	3	29	7	17
	32	2	28	29	36
	12	26	0	0	22
18					
19	44	35	13	46	24
	36	36	28	45	35
	35	25	39	38	30
	21	10	50	36	38
	35	45	31	23	55
20	5	4	18	37	21
	8	2	20	11	29
	5	5	11	14	23
	9	18	5	27	28
	4	24	4	21	27
21	26	73	45	91	11
	26	45	22	64	41
	25	26	21	59	33
	40	45	43	37	46
	23	32	19	34	37
	9	20	7	22	21
	21	15	19	19	13
	7	16	21	8	4
	4	8	9	9	12
	3	10	16	15	18
23	48	63	112	38	28
	58	31	70	29	63
	60	60	89	75	59
	56	30	50	97	43
	39	35	47	85	37
24	21	17	21	54	24
	34	37	19	33	12
	29	18	38	14	38
	72	20	55	14	37
	82	19	25	17	13

Table I.7 continued

Rat			Section		
ID	1	2	3	4	5
25	30 11 7 9 11	8 28 5 1 3	2 2 1 9	2	
26	21 18 24 50 68	28 47 57 46 14	20 9 8 8 14	32 56 24 46 49	104 59 30 50 18
27	15 29 30 8 30	19 33 31 13 43	16 44 27 36 36	15 31 11 11 24	29 15 47 32 9
28	9 18 16 14 15	2 5 5 10 10	7 13 21 15 2	12 29 0 18 5	11
29	40 17 9 9	12 47 9 30 10	15 24 43 4 16	45 14 22 16 16	26 33
30	3 34 10 21 28	40 18 44 54 24			
31	2 1 2 0 2	9 14 7 16 9	10 26 10 4 3	14 1 14 2 3	6 19 2 3 5
32	36 21 11 9 18	24 26 26 45 63	55 48 42 58 30	20 22 23 36 26	36 17 37 46 58

TABLE I.8
MAST CELL COUNT--BONE MARROW

-CA, -D DIET

Rat	Section				
ID	1	2	3	4	5
1	30	57	42	28	15
	27	39	51	12	26
	85	33	43	32	16
	70	39	56	43	47
	69	50	57	23	38
2	19 11 35 13 35	34 6 17 25 25	9 31 43 13 45	33 18 21 20	11 23 20 25 19
3	25	65	37	53	23
	22	55	24	59	18
	15	24	20	23	14
	33	56	19	19	21
	19	18	11	45	17
4	23	18	33	60	16
	18	33	31	51	49
	23	32	49	50	64
	41	26	38	21	52
	39	34	20	14	63
5	28	39	39	25	21
	69	45	17	17	38
	12	24	37	37	27
	32	60	31	41	33
	22	62	37	29	42
6	31	35	15	46	31
	23	38	22	50	25
	21	38	37	39	31
	33	43	16	30	15
	34	28	17	42	48
7	17	35	14	14	13
	4	15	16	12	12
	14	22	3	13	28
	8	10	7	22	20
	42	57	4	15	13
8	21	15	20	23	50
	10	14	25	28	36
	15	28	5	22	43
	40	23	34	15	37
	30	23	31	22	38

Table I.8 continued

Rat	Section				
ID	1	2	3	4	5
9	28 34 25 23 13	10 19 25 20 17	17 17 8 9	39 37 25 9	25 9 29 7 12
10	26	46	35	47	35
	14	15	32	18	48
	32	16	40	34	27
	17	36	19	21	33
	20	23	43	24	37
11	29	19	35	34	24
	13	20	23	25	31
	34	43	51	40	26
	44	37	40	20	33
	38	31	32	30	25
12	15 21 17 24 25	12 14 15 21 37	17 10 14 17 22	10 15 12 15	14 13 14 14 21
13	23 23 23 33 35				
14	11	7	58	14	55
	7	10	15	37	15
	9	7	10	16	17
	13	16	37	19	7
	16	26	9	34	23
15	24	17	12	20	20
	21	20	27	20	23
	16	27	14	14	14
	15	27	16	20	22
	24	25	16	27	20
16	13	21	17	52	30
	27	26	20	60	8
	29	26	11	34	7
	26	15	25	26	8
	30	8	10	5	18

Table I.8 continued

Rat	Section				
ID	1	2	3	4	5
17	40	28	14	28	15
	14	11	23	16	22
	37	34	46	24	17
	67	24	20	14	16
	32	38	35	11	14
18	49	54	27	10	19
	32	19	11	15	10
	20	15	11	14	16
	19	14	8	9	16
	18	15	12	24	11
19	29	38	23	36	31
	50	17	53	39	43
	27	28	23	22	49
	23	27	17	33	43
	51	16	45	2	30
20	20	78	31	14	40
	37	30	48	18	23
	40	28	23	32	25
	41	63	26	28	31
	35	64	23	28	52
21	16	79	12	16	7
	110	39	23	20	21
	35	57	26	17	50
	51	52	53	18	26
	33	67	23	24	22
22	23 8 14 11 15	6 11 11 6 17	14 35 30 10 5	20 9 33 15 69	92 71
23	19	11	24	20	18
	26	11	15	9	19
	30	11	66	20	17
	16	18	29	29	18
	13	12	27	41	25
24	18	19	24	21	42
	28	29	51	27	51
	24	46	25	18	39
	33	36	24	54	47
	19	19	27	27	26

Table I.8 continued

Rat	Section				
ID	1	2	3	4	5
25	22	27	53	22	22
	26	37	57	35	39
	43	45	60	75	36
	19	23	57	26	27
	23	43	40	37	20
26					
27	5 8 15 20 41	70 42 16 49 18	16 32 50		
28	23	28	28	27	67
	10	22	11	8	20
	22	32	29	10	12
	100	26	23	13	20
	20	66	25	33	19
29	153 110 72 61 78	123 84 78 143 78	74 59 103 62 75	92 59 50 80 98	
30	38	12	28	37	26
	60	13	35	61	69
	39	32	45	50	25
	46	26	9	33	34
	32	43	13	36	21
31	111	68	70	75	65
	48	92	58	59	43
	38	58	76	89	80
	56	50	50	68	44
	62	97	58	47	110
32	66	17	21	63	17
	17	52	33	35	56
	27	14	14	44	25
	31	13	36	45	48
	57	21	25	34	39

4. Untreated Fig. 1.1. Photomicrographs showing mast cells in 8  $\mu m$  sections of femoral bone marrow in female rats fed a normal diet. Age of rat was 3 1/2 months. Original magnification: X400. Toluidine blue stain. 1. Ovariectomized and estrogen treated rat. The mast cells are small ( < 10  $\mu m$  in diameter), round, darkly stained and difficult to distinguish because of blending in with background. 2. Ovariectomized Mast cells are dark and round. 3. Estrogen treated, intact rats. Mast cells stained very light and were difficult to distinguish.

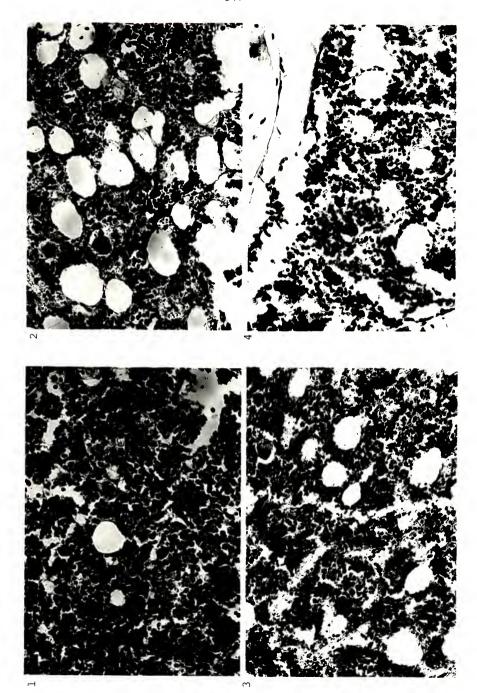
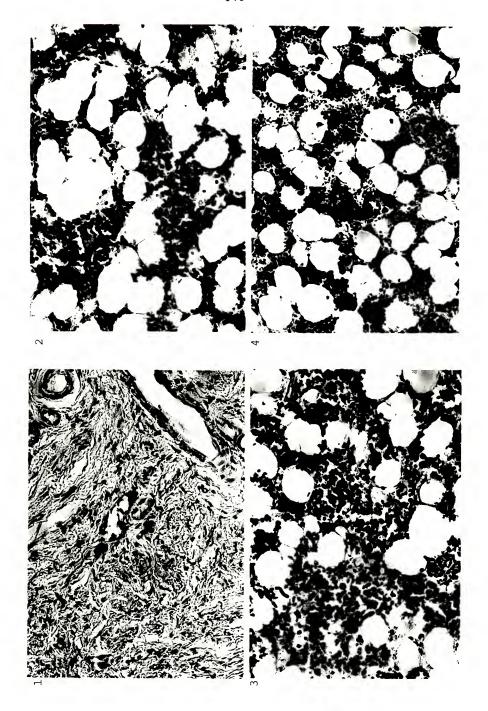
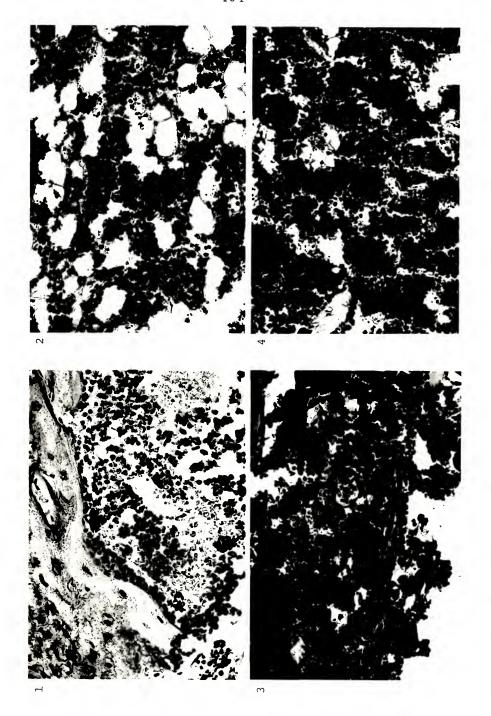


Fig. I.2. Photomicrographs showing mast cells in 8  $\mu m$  sections of epithelial and connective tissue in female rats fed a calcium-deficient diet. Original magnification X400. Toluidine blue stain. 1. Ovariectomized and estrogen treated rat. Vaginal tissue. Mast cells are small and darkly stained. 2. Ovariectomized rat. Granules of bone marrow mast cells stained dark and light purple. 3. Estrogen treated, intact rat. Bone marrow mast cells stained faintly. 4. Untreated rat. Bone marrow mast cells were small and stained reddish purple.

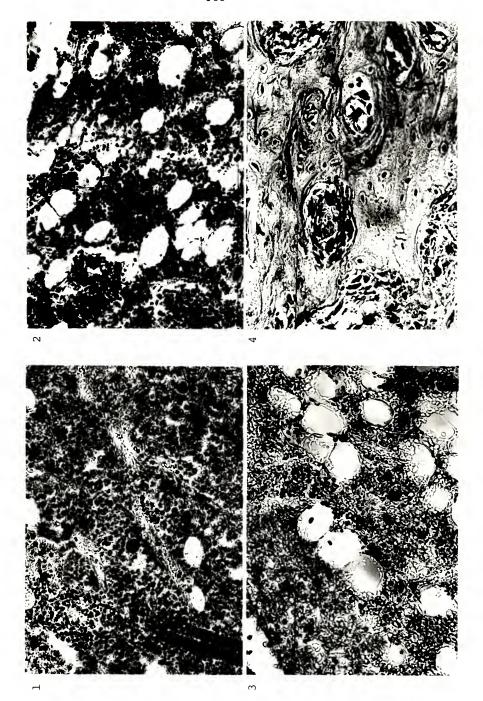


marrow in female rats fed a vitamin D-deficient diet. Original magnification: X400. Photomicrographs showing mast cells in 8 µm sections of femoral bone occasionally a reddish-purple. They were difficult to distinguish from the stained Fig. I.3. background.

treated rat. 2. Ovariectomized Toluidine blue stain. 1. Ovariectomized and estrogen treated rat. 2. Ovariectomized rat. 3. Estrogen treated, intact rat. 4. Untreated rat. Mast cells in the bone marrow of vitamin D-deficient rats stained deep purple and

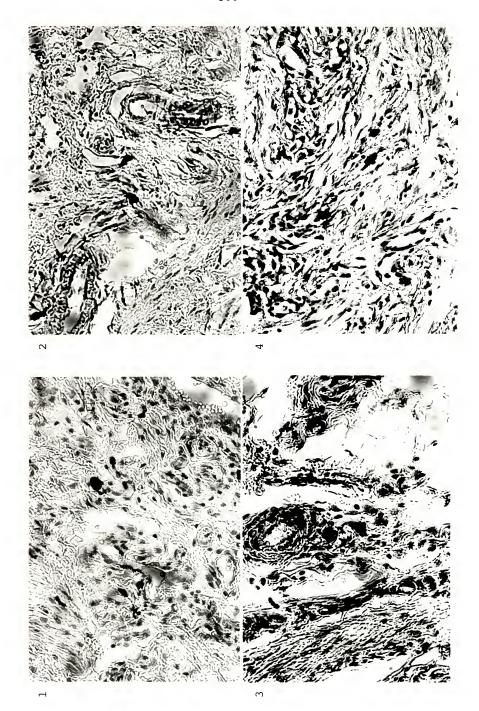


magnification: X400. Toluidine blue stain. 1. Ovariectomized and estrogen treated rat. The mast cells are round and deeply stained with dense granules. 2. Fig. I.4 Photomicrographs showing mast cells in 8  $\mu m$  sections of femoral marrow in female rats fed a calcium- and vitamin D-deficient diet for 5 weeks. Original Ovariectomized rat. Mast cells are very small and difficult to distingiush from the darkly stained background. 3. Estrogen treated, intact rats. Mast cells are darkly Mast cell 4. Untreated rat. stained and small (approximately 10  $\mu m$  in diameter). "nests" found within bone trabeculae are shown. magnification: X400. Toluidine blue stain.

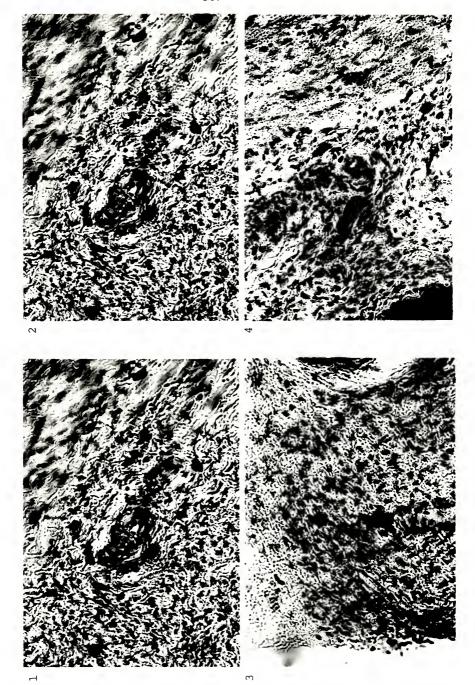


tissue in rats fed a normal diet Original magnification: X400. Toluidine blue stain. 1. Ovariectomized and estrogen treated rat. Mast cells stained deep purple. All mast cells were slightly degranulating, with at least 3 to 4 Photomicrographs showing mast cells in  $\theta$   $\mu m$  sections of vaginal granules around a cell. 2. Ovariectomized rat. Mast cells appeared in various shapes with slight degranulation. 3. Estrogen treated, intact rat. Note the various sizes and shapes of mast cells. 4. Untreated rat. Mast cells stained Mast cells are of deep purple and the nucleus is obliterated by the stain.

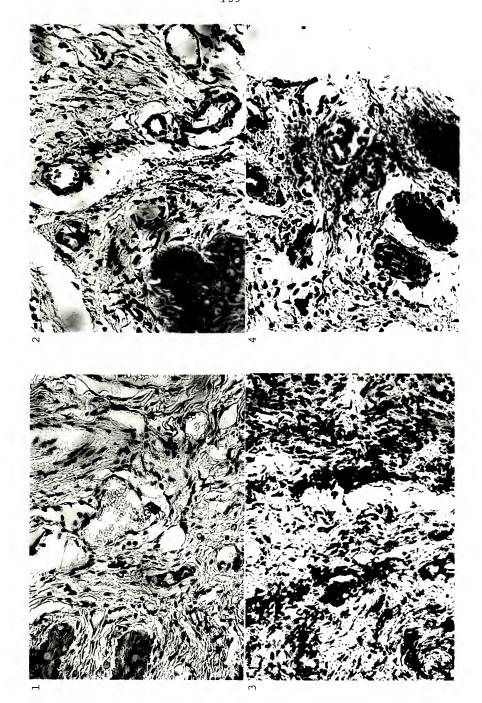
various sizes with streaks of granules nearby.



Mast cells Photomicrographs showing mast cells in 8 µm sections of vaginal tissue in rats fed a calcium-deficient diet. Original magnification: X400. Toluidine blue stain. 1. Ovariectomized and estrogen treated rat. Mast cells stained deep purple. A few granules were seen around the cells. 2. Ovariectomized rat. Degranulation of mast cells was common. Note the perivascular locations of the mast cells. 3. Estrogen treated, intact rat. The mast cells stained dark and exhibit irregular shapes. 4. Untreated rat. Irregular shape, perivascular location, and sparse occurrence predominate. Fig. I.6.

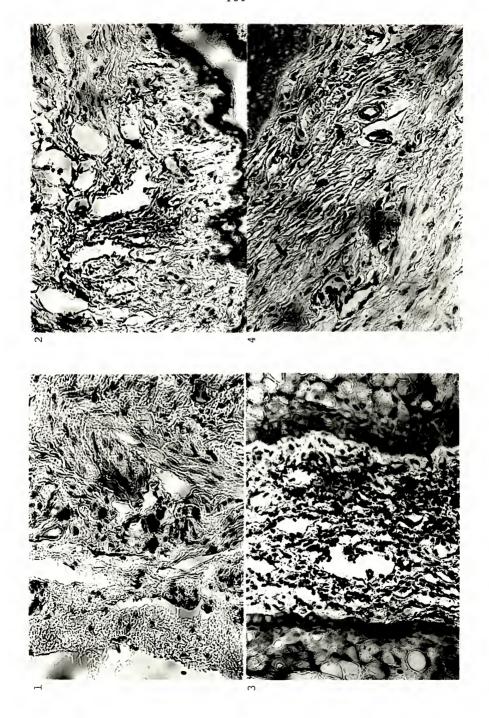


Toluidine blue stain. 1. Ovariectomized and estrogen treated rat. Mast cells were not well shaped, and often degranulating. 2. Ovariectomized rat. Mast cells were small (approximately 10 to 15  $\mu\mathrm{m}$  in diameter, sparse, and of various shapes. 3. Estrogen treated, intact rat. Mast cells were small, round, and dark. 4. Untreated rat. Mast cells were found in "areas" of degranulation and Photomicrographs showing mast cells in 8 µm sections of vaginal tissue in rats fed a vitamin D-deficient diet. Original magnification: X400. granule "streaking" was common. Fig. I.7.



Photomicrographs showing mast cells in 8 µm sections of vaginal Fig. I.8.

4. Untreated rat. Toluidine blue stain. 1. Ovariectomized and Mast cells exhibit various shapes and degranulation. Mast cells tend to occur in groups and near arterioles and blood vessels. tissue in rats fed a calcium- and vitamin D-deficient diet. Original 2. Ovariectomized rat. 3. Estrogen treated, intact rat. estrogen treated rat. X400. magnification:



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## BIOGRAPHICAL SKETCH

Rogene E. Kresak Tesar was born on June 5, 1938, on a farm near Western, Nebraska. After attending and graduating from Milligan High School, Milligan, Nebraska, as valedictorian of her class in 1956, she attended the University of Nebraska at Lincoln for two years. In 1957 she married Delbert Tesar; two daughters were born to this union. Upon moving to Manhattan, Kansas, she continued her education and obtained a Bachelor of Science in Home Economics degree in 1962.

That same year, Rogene and her family moved to Atlanta, Georgia. She taught in the DeKalb County Public School System for two years.

The next eight years included living for a year in Vienna, Austria, moving to Gainesville, Florida, having two additional children, and living for a year in Cheshire, England.

In 1973, she enrolled at the University of Florida and completed another Bachelor of Science degree in 1977; the major was food science. Immediately, she began graduate studies and graduated with a Master of Agriculture degree in food science and human nutrition at the University of Florida in 1979. At this time, she also became a Registered Dietitian after training at North Florida Regional Hospital.

Continuing graduate work in the Department of Animal Science specializing in nutrition, she obtained a graduate research assistantship at the University of Florida and became involved in research and professional counseling, principally concerning bone loss and osteoporosis, at the Center for Climacteric Studies. In December, 1980, she became a candidate for the Ph.D. After completing the required research and dissertation, she received the Doctor of Philosophy degree in May, 1982.

I certify that I have read this study and that in my opinion it conforms to acceptable standards of scholarly presentation and is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

J.P. Feaster, Chairman
Professor of Animal Science

I certify that I have read this study and that in my opinion it conforms to acceptable standards of scholarly presentation and is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

Morris Notelovitz, Cochairman
Associate Professor of Obstetrics
and Gynecology

I certify that I have read this study and that in my opinion it conforms to acceptable standards of scholarly presentation and is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

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I certify that I have read this study and that in my opinion it conforms to acceptable standards of scholarly presentation and is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

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May 1982

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